

GNC Preventive Nutrition® products have been scientifically developed utilizing the expertise of the GNC Medical Advisory Board. Each premium formula is designed to be used in conjunction with your physician recommended healthcare regimen. This line of products is precisely formulated to provide clinical strength ingredients and additional nutrients that address key health concerns.

DEVELOPED WITH AND ENDORSED BY

GNC

MEDICAL
ADVISORY
BOARD

ADVANCED KNOWLEDGE FOR BETTER HEALTH

The GNC Medical Advisory Board utilizes their in-depth medical knowledge and experience to aid in the creation and ongoing development of GNC products, helping GNC stay on the forefront of product innovation and delivering on our commitment to helping you LIVE WELL.

In a randomized, double-blind, placebo-controlled trial that included 47 participants, those who took 300 mg of Touchi Extract 3 times each day before meals for 6 months experienced positive support for normal, healthy blood glucose levels. Differences for baseline values for both fasting blood glucose and HbA1c were statistically different versus placebo.

GNC QUALITY COMMITMENT For more than 75 years, GNC has been the leader in the development and manufacture of dietary supplements and is committed to producing the most superior products. We use only the highest quality ingredients manufactured under the strictest quality controls. Every raw material used is tested to ensure its purity and potency. Each product is dated and then shipped immediately to our stores to ensure that you are purchasing the freshest supplements available.

For More Information:
1-888-462-2548
SHOP NOW @ GNC.COM
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

‡The proprietary blend of flavonoids from *Acacia catechu* and *Scutellaria baicalensis* extracts has been shown to act upon metabolic processes in the body related to supporting a healthy inflammatory response.

Preventive Nutrition® Healthy Blood Sugar Formula contains a specialized blend of clinically studied ingredients, additional key nutrients and a lifestyle program designed to support normal, healthy blood sugar levels.* This multi-action formula addresses important factors related to blood sugar health and provides powerful antioxidants that support circulation and a healthy inflammatory response.*

Glucose Support – Supports healthy blood sugar levels with a specialized blend of herbal ingredients including cinnamon, bitter melon and Touchi extract, which has been clinically shown to support normal, healthy blood glucose levels.*† Also contains alpha-lipoic acid for antioxidant regeneration and chromium which forms part of the glucose tolerance factor needed for normal blood sugar control.*

Metabolism & Insulin Support – Provides a premium vitamin and mineral blend including vanadium and B-vitamins for metabolism and energy support, and zinc to support glucose utilization and insulin production.*

Antioxidant Support – Features powerful, clinically studied antioxidants to protect cells and support healthy circulation.* resVida® Resveratrol has been clinically shown to enhance blood vessel dilation.** Also features a clinically studied herbal blend that offers additional powerful antioxidant support and supports a healthy inflammatory response.*

*In a randomized, double-blind, placebo-controlled crossover study, 19 volunteers consumed 3 doses of resVida® (30 mg, 90 mg, 270 mg) and a placebo at weekly intervals. Flow-mediated dilation (FMD) of the brachial artery was measured one hour after ingestion of each treatment and was significantly increased at all 3 doses relative to placebo. 30 mg of resVida® demonstrated 2.5% greater increase in FMD relative to placebo.

GNC

PREVENTIVE NUTRITION®

Healthy
Blood Sugar
FORMULA

PHYSICIAN FORMULATED
NUTRITION SOLUTIONS

- Clinically shown to support normal, healthy blood glucose levels with Touchi extract*†
- Provides support for normal insulin utilization & production*
- Fuels carbohydrate metabolism & supports a healthy inflammatory response**

DIETARY SUPPLEMENT
90 CAPLETS



CODE 714212

LNG

Directions: As a dietary supplement, take one caplet three times a day before meals.

Supplement Facts

Serving Size Three Caplets Servings Per Container 30		
Amount Per Serving	% Daily Value	
Thiamin (Vitamin B-1)(as Thiamine Mononitrate)	900 mcg	60%
Riboflavin (Vitamin B-2)	900 mcg	53%
Vitamin B-6 (as Pyridoxine Hydrochloride and Pyridoxal-5-Phosphate)	900 mcg	45%
Vitamin B-12 (as Cyanocobalamin)	45 mcg	750%
Biotin	90 mcg	30%
Zinc (as Zinc Oxide)	15 mg	100%
Chromium (as Chromium Hydrolyzed Protein Chelate)	200 mcg	167%
Glucose Support Blend		
Touchi Extract (Fermented Soybean Extract)	900 mg	*
Cinnamon Bark Extract (Cinnamomum zeylanicum)	250 mg	*
Bitter Melon Powder (Momordica charantia)	50 mg	*
Carbohydrate Metabolism Matrix		
alpha-Lipoic Acid	300 mg	*
Vanadium (as Vanadyl Sulfate)	50 mcg	*
Antioxidant Support Complex		
Proprietary Blend	62.5 mg	*
Cutch Tree Wood and Bark Extract (Acacia catechu), Chinese Skullcap Root Extract (Scutellaria baicalensis)		
resVida® trans-Resveratrol	30 mg	*
Lutemax 2020™ Lutein	10 mg	*
Zeaxanthin	2 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, Dicalcium Phosphate.
CONTAINS: Soybeans.
WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.
Conforms to USP <2091> for weight. Meets USP <2040> disintegration.
No Artificial Colors, No Wheat, No Gluten, No Dairy.
KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

resVida®

resVida® is a trademark of DSM.

Lutemax 2020

Lutemax 2020 is a trademark of OmniActive Health Technologies.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.