products containing milk, egg, soybeans, wheat,

KEEP OUT OF REACH Store in a cool, dry place.



modcarb

ModCarb™ is protected by US Patent #6060519. The ModCarb™ mark and the



The Spectra™ Total ORAC mark and logo are trademarks of VDF FutureCeuticals.

For More Information: 1-888-462-2548

## SHOP NOW @ GNC.COM

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222





## Ultra Mega® Green

Whole Food Enhanced Multivitamin Plus Advanced Nutrition

Made with cultured vitamins and minerals, clinically researched ingredients and fruits and vegetables.

**ENERGY PRODUCTION** Contains B vitamins essential for energy production plus EGCG to support metabolism.\*

HEART HEALTH

Features a clinically studied fruit extract to support heart health. Also has chia, hemp and flax, natural sources of healthy fatty acids, to help support your cardiovascular system.

**ANTIOXIDANTS** 

Includes clinically researched Spectra™, a wholesome blend of fruits and vegetables filled with antioxidants to protect against harmful free radicals produced during your workout.\*

**DIGESTION** 

Has ingredients to help you digest key nutrients and includes 5 g of fiber from plant sources.\*

MUSCLE SUPPORT Includes 10 g of plant-based protein for lean muscle support.\*

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.











GNC **SUPERFOODS** 

## Ultra Mega® Green Active

DIETARY SUPPLEMENT

WHOLE FOOD ENHANCED MULTIVITAMIN PLUS ADVANCED NUTRITION FOR MEN AND WOMEN

Supports energy production, heart health, antioxidants, digestion and lean muscles\*



DIRECTIONS: As a dietary supplement, mix two scoops (37 g) in 8 fl. oz. of water and enjoy.

## Supplement Facts

% Daily Value

Servings Per Container 30

Amount Per Serving	% I	Daily Value	Amount Per Serving	% Daily Valu
Calories	130		Inositol	25 mg
Calories from Fat	20		Choline	25 mg
Total Fat	2 g	3%†	Protein Blend	10 g
Saturated Fat	0.5 g	3%	Pea Protein Isolate, Hemp Protein, Brown Rice Protein Isolate, Quinoa, Whole	
Total Carbohydrate	18 g	6%†	Algal Protein, Carob Protein Hydrolysate	
Fiber	5 g	20%†	Fiber Blend	5 g
Sugar	6 g		Inulin, Fructooligosaccharides, Oat Fiber, Flaxseed, Hemp, Pectin, Rice, Pea, Chia, ModCarb™, Quinoa	
Protein	10 g		Healthy Fats Blend	2 g
Vitamin A	5000 IU	100%	Flaxseed Powder, Hemp Powder, Chia Seed Powder, Coo	
Vitamin C	300 mg	500%	Fruit & Vegetable Blend	4.32 g
Vitamin D	1600 IU	400%	Prune Powder, Zucchini Powder	nor 9
Vitamin E	30 IU	100%	AOX Power	
Vitamin K-1	80 mcg	100%	Amla Fruit Powder	500 mg
Thiamin	30 mg	2000%	Lutemax® 2020 Lutein	2 mg
Riboflavin	30 mg	1765%	Lycopene (from Tomato Extract)	1 mg
Niacin	30 mg	150%	Zeaxanthin (as Mesozeaxanthin and RR Xeaxanthin)	400 mcg
Vitamin B-6	30 mg	1500%	N-Acetyl-L-Cystine	15 mg
Folic Acid	400 mcg	100%	Fruit & Vegetable Antioxidant Blend Spectra™ Total ORAC Blend of: Green Coffee Extract, Bro	100 mg
Vitamin B-12	250 mcg	4167%	Green Tea Extract, Onion Extract, Apple Extract, Acerola Extract, Camu Camu Extract, Quercetin, Tomato Powder, Broccoli Powder, Acai Fruit Powder, Turmeric Root Extract, Garlic Powder, Basil Leaf Powder, Oregano Leaf Powder, Cinnamon	
Biotin	300 mcg	100%		
Pantothenic Acid	25 mg	250%		
Calcium (from Aquamin™ Sea Algae [Lithothamnium	500 mg	50%	Bark Powder, Elderberry Fruit Powder, Carrot Powder, Ma	
corallioides/Lithothamnium calcareum) and Calcium Ph		0070	Black Currant Fruit Extract, Blueberry Fruit Extract, Swee	
Iron (from Ferractiv® Iron)	18 mg	100%	Blackberry Fruit Powder, Chokeberry Fruit Powder, Raspberry Fruit Powder, Spinach Leaf Powder, Kale Leaf Powder, Bilberry Fruit Extract, Brussels	
lodine	150 mcg	100%	Sprout Powder	tudot, Diuddold
Magnesium (from Aguamin™ Sea Algae [Lithothamnium	200 mg	50%	Greens Blend	200 mg
corallioides/Lithothamnium calcareum] and Magnesium Oxide)			Pea Starch, Alfalfa Sprout Powder, Green Leaf Sprout-Arugula (Eruca sativa)	
Zinc	20 mg	134%	Powder	2
Selenium	200 mcg	285%	Whole Grains Blend	300 mg
Copper	2 mg	100%	Quinoa, ModCarb™ (Organic Oat Bran, Organic Amaranth, Organic Quinoa,	
Manganese	2 mg	100%	Organic Buckwheat, Organic Millet, Organic Chia), Sprou	rted Brown Rice Powder
Chromium	120 mcg	100%	Digestion Blend	05
Molybdenum	75 mcg	100%	Enzyme Blend: Protease, Lipase and Glucoamylase Ginger	25 mg 10 mg
Sodium	180 mg	8%	Milk Thistle Extract	15 mg
Potassium	300 mg	9%	EGCG from Green Tea Leaves Extract	100 mg
Boron	1 mg		† Percent Daily Value based on a 2,000 calorie diet.	
Silica	1 mg	*	* Daily Value not established.	

Acid‡, Magnesium Oxide, d-alpha Tocopherol Acetate, beta-Carotene, Vitamin A‡, Thiamine HCL, Vitamin B-1‡, Pyridoxine Hydrochloride, Riboflavin, Riboflavin Inositol, Niacinamide, Niacinamide<sup>‡</sup>, Calcium Pantothenate, Pantothenic Acid<sup>‡</sup>, Ferrous Amino Acid Chelate, Zinc Óxide, Zinc É, Ergocalciferol, Copper Oxide, Copper Manganese Amino Acid Chelate, Cultured Manganese<sup>‡</sup>, Silicon Amino Acid Chelate, Boron Amino Acid Chelate, Folic Acid, Methylcobalamin, Vitamin B-12<sup>‡</sup>, Biotin, Biotin<sup>‡</sup>, Selenomethionine Selenium<sup>‡</sup>, Potassium Iodine, Chromium Amino Acid Chelate, Chromium<sup>‡</sup>, Phylloquinone, Vitamin K-1<sup>‡</sup>, Molybdenum Amino Acid Chelate, Molybdenum<sup>‡</sup>).

\*Contains Cultured Sources of Vitamins and Minerals (Cultured on Rice Protein, Yeast, Molasses, Papain, Bromelain, Gum Arabic and Maltodextrin).

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately