Directions: As a dietary supplement, take the contents of one pack daily with food

#### Ultra Mega® Green Men's Multivitamin Supplement Facts

Serving Size Two Light Green Caplets

Amount Per Serving		% Daily Value	
Vitamin A	5000 IU	100%	
Vitamin C	60 mg	100%	
Vitamin D	1000 IU	250%	
Vitamin E	30 IU	100%	
Vitamin K	80 mcg	100%	
Thiamin (Vitamin B-1)	5 mg	333%	
Riboflavin (Vitamin B-2)	5 mg	294%	
Niacin	25 mg	125%	
Vitamin B-6	25 mg	1250%	
Folic Acid	400 mcg	100%	
Vitamin B-12	150 mcg	2500%	
Biotin	300 mcg	100%	
Pantothenic Acid	25 mg	250%	
Calcium	50 mg	5%	
lodine	150 mcg	100%	
Magnesium	25 mg	6%	
Zinc	20 mg	133%	
Selenium	200 mcg	286%	
Copper	2 mg	100%	
Manganese	2 mg	100%	
Chromium	120 mcg	100%	
Molybdenum	75 mcg	100%	

Fruit Extract, Brussels Sprout Powder		
Lutemax 2020™ Lutein	2 mg	*
Zeaxanthin (as Zeaxanthin Isomers)	400 mcg	*

Fenugreek Seed Powder (Trigonella foenum-graecum), Lycopene (from Tomato)

(5% Gingerols = 0.50 mg), Cellulase, Papain. Bromelair

lioxide (Natural Mineral Whitener), Chlorophyl

HPC (Hydrolyzed Protein Chelate) onforms to USP <2091> for weight

Brewer's Yeast Vitality Complex

# Supplement Facts

Serving Size two Capsules				
Amount Per Serving	9	6 Daily Value		
Thiamin (Vitamin B-1)	1.5 mg	100%		
Riboflavin (Vitamin B-2)	1.7 mg	100%		
Niacin	20 mg	100%		
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	100%		
Folic Acid	400 mcg	100%		
Vitamin B-12 (as Cyanocobalamin)	6 mcg	100%		
Biotin	300 mcg	100%		
Pantothenic Acid (as Calcium d-Pantothenate)	10 mg	100%		

Daily Value not established

Panax Ginseng Root Extract (3% Ginsenosides = 4.5 mg)

Cellulose, Silicon Dioxide, Magnesium Stearate Vegetable Source.

ACTUAL SIZE

ACTUAL SIZE

Whole Foods Energy & Metabolism

#### Supplement Facts

Amount Per Serving

Citri-Sculpt™ Blend

[Citrus sinensis L.][whole fruit], Guarana Extrac

(20% Flavanones = 90 mg) Whole Foods Blend

Green Tea Extract (Camellia sinensis) (50% Caffeine = 182 mg) Guarana Seed Extract (Paullinia cupana)

(36% Caffeine = 18 mg)

Daily Value not established Other Ingredients: Vegetable Cellulose Capsule, Cellulose, Silicon

Dioxide, Magnesium Stearate Vegetable Source, Contains 218 mg of caffeine

Conforms to USP <2091> for weight Meets USP <2040> disintegratio

ACTUAL SIZE

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place. For More Information:

1-888-462-2548

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General Nutrition Corporation Pittsburgh, PA 15222

medical condition. Discontinue use two

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When used in conjunction with a diet and exercise progra

reater improvements in body composition, antioxidant status

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GNC Super Foods

# Ultra Mega Green Men's Energy & Metabolism

#### WHOLE FOOD ENHANCED VITAPAK® PROGRAM

Provides energy, body toning, antioxidant and heart support\*















## Ultra Mega® Green

Whole Food Enhanced Vitapak® Program

Made with cultured vitamins and minerals, clinically researched ingredients and fruits and vegetables.



Contains essential vitamins and minerals for overall health, including Vitamin D, which may play a role in supporting colon health.\*

#### **ENERGY**

NEW!

Has an array of B vitamins needed for energy production. Also includes ginseng for vitality and overall well-being."

### BODY TONING

Features a combination of clinically researched Mediterranean citrus extracts designed to support a lean and toned body.^\*\*

### ANTIOXIDANTS

Packed with antioxidants from a clinically researched blend of fruits and vegetables to defend against cell aging.\*

### **HEART**

Supports heart health and cardiovascular function.\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any diseas: