

GNC
PRO PERFORMANCE


INTRODUCING OUR HIGHEST CALORIE WEIGHT GAINER

It's all about the numbers when you want to pack on size. With Bulk 1340, you get 1340 nutrient-dense calories, 50g protein, 277g carbs, 11g BCAA, 10g glutamine and 1000mg creatine. This advanced gainer is scientifically formulated to go beyond the basics and increase muscle mass along with upper and lower body strength.** The Anabolic Amino & Strength Complex completes this high-calorie gainer with powerful muscle nutrients to help you recover from serious workouts.* It's immeasurable, it's Bulk 1340.

GET MORE WITH BULK 1340:

- 1340 Calories Per Serving (1710 calories when mixed with 2% Milk) to Support Bulking & Weight Gaining Goals*
- 50g Protein & 277g Carbohydrates Packed in a Precise Ratio to Help You Build Muscle Mass**
- Scientifically Formulated to Increase Mass and Strength**
- 1000mg Creatine for Muscle Cell Energy*
- Over 57g Amino Acids including 11g BCAA for the Ultimate Muscle-Building Power**
- 10g Glutamine for Advanced Muscle Recovery & Function*
- 25 Vitamins & Minerals

STACK WITH: Mega Men® Strength Vitapak® Program, Pro Performance® Amino Energy Advanced, Pro Performance® 100% Casein.

INFORMED-CHOICE  **ORG**
Trusted by sport

Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. *Product was tested for over 145 banned substances on the 2015 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307. See gnc.com for more information.

^ When used in conjunction with regular resistance training.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

GNC
PRO PERFORMANCE

BULK 1340

DIETARY SUPPLEMENT

1340 Calorie Gainer, 50g Protein & 277g Carbs to Pack On Size**

10g Glutamine & 11g BCAA for Muscle Recovery & Growth**

25 Vitamins & Minerals + Creatine for Muscle Energy*



50G PROTEIN | **VANILLA**
NATURAL AND ARTIFICIAL FLAVOR

9 SERVINGS
Net Wt 7.14 lbs (3240 g)



1340 CALORIES | **50G PROTEIN** | **11G BCAA** | **277G CARBS**

CODE 414745 HPG
DIRECTIONS: As a dietary supplement, mix two scoops (360 g) with 24 fl. oz. of cold water or milk. Consume 1 - 2 servings daily.

Supplement Facts

	2 Scoops (360 g) in Water		2 Scoops (360 g) in 2% Milk	
	g	% Daily Value	g	% Daily Value
Amount Per Serving				
Calories	1340		1710	
Calories from Fat	30		160	
Total Fat	3 g	5%†	18 g	28%†
Saturated Fat	2 g	10%†	11 g	55%†
Cholesterol	65 mg	22%	125 mg	42%
Total Carbohydrates	277 g	92%†	312 g	104%†
Dietary Fiber	3 g	12%†	3 g	12%†
Sugar	11 g	*	46 g	*
Protein	50 g		74 g	
Vitamin A	5000 IU	100%	6390 IU	128%
Vitamin C	60 mg	100%	60 mg	100%
Vitamin D	200 IU	50%	555 IU	139%
Vitamin E	30 IU	100%	30 IU	100%
Thiamin	4.8 mg	320%	5.05 mg	337%
Riboflavin	4 mg	235%	5.3 mg	312%
Niacin	50 mg	250%	50.6 mg	253%
Vitamin B-6	5 mg	250%	5.25 mg	263%
Folic Acid	400 mcg	100%	435 mcg	109%
Vitamin B-12	10 mcg	167%	13.5 mcg	225%
Biotin	300 mcg	100%	300 mcg	100%
Pantothenic Acid	25 mg	250%	27.5 mg	270%
Calcium	800 mg	80%	1675 mg	168%
Iron	6 mg	33%	6 mg	33%
Phosphorus	630 mg	63%	1300 mg	130%
Iodine	150 mcg	100%	150 mcg	100%
Magnesium	140 mg	35%	220 mg	55%
Zinc (as Zinc Citrate)	15 mg	100%	18.5 mg	123%
Selenium	70 mcg	100%	88 mcg	126%
Copper	1 mg	50%	1.04 mg	52%
Manganese	2.5 mg	125%	2.6 mg	130%
Chromium	120 mcg	100%	120 mcg	100%
Molybdenum	75 mcg	100%	75 mcg	100%
Sodium	330 mg	14%	650 mg	27%
Potassium	300 mg	9%	1340 mg	38%
Anabolic Amino & Strength Complex				
Glutamine & Glutamic Acid (as Whey Protein Concentrate, Calcium Caseinate, Whey Protein Isolate, Milk Protein Isolate, Glutamine Peptides [Hydrolyzed Whey, L-Glutamine], Egg Albumin)	10000 mg	*	10000 mg	*
Leucine (as Whey Protein Concentrate, Calcium Caseinate, Whey Protein Isolate, Milk Protein Isolate, L-Leucine, Egg Albumin)	6000 mg	*	6000 mg	*

Amount Per Serving	% Daily Value	% Daily Value
Isoleucine (as Whey Protein Concentrate, Calcium Caseinate, Whey Protein Isolate, Milk Protein Isolate, Egg Albumin)	2500 mg *	2500 mg *
Valine (as Whey Protein Concentrate, Calcium Caseinate, Whey Protein Isolate, Milk Protein Isolate, Egg Albumin)	2500 mg *	2500 mg *
Tyrosine (as Whey Protein Concentrate, Calcium Caseinate, Whey Protein Isolate, L-Tyrosine, Egg Albumin)	2000 mg *	2000 mg *
Arginine (as Whey Protein Concentrate, Calcium Caseinate, Whey Protein Isolate, Milk Protein Isolate, Egg Albumin)	1000 mg *	1000 mg *
Creatine (as Creatine Monohydrate)	1000 mg *	1000 mg *
Choline (as Choline Bitartrate)	250 mg *	250 mg *
Inositol	250 mg *	250 mg *
PABA (as Para-Amino Benzoic Acid)	5 mg *	5 mg *

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Maltodextrin, Protein Blend (Whey Protein Concentrate, Calcium Caseinate, Whey Protein Isolate, Milk Protein Isolate, Egg Albumin), Natural and Artificial Flavors, Vitamin and Mineral Blend (Calcium Phosphate, Potassium Phosphate, Magnesium Aspartate, Ascorbic Acid, Niacinamide, d-Alpha Tocopheryl Acetate, Biotin, Zinc Citrate, d-Calcium Pantothenate, Natural Beta Carotene, L-Selenomethionine, Ferrous Fumarate, Chromium Amino Acid Chelate, Manganese Sulfate, Thiamine Mononitrate, Pyridoxine HCL, Folic Acid, Molybdenum Amino Acid Chelate, Riboflavin, Potassium Iodide, Cholecalciferol, Copper Oxide, Cyanocobalamin), Medium Chain Triglycerides, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), TRAACS® Magnesium Bisglycinate Chelate, Sucralose, Acesulfame Potassium.

CONTAINS: Egg, Milk and Soybeans.
WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery. Manufactured on equipment that processes products containing soybeans (lecithin), milk, peanut flavor, wheat, shellfish, tree nuts, fish oil and eggs.

NOTICE: Significant product settling may occur.
TRAACS® is a registered trademark of Albion Laboratories, Inc.

Typical Amino Acid Profile Per Serving:

Arginine	1740 mg	Methionine	1250 mg
Alanine	2260 mg	Phenylalanine	2090 mg
Aspartate	5000 mg	Proline	4070 mg
Cystine	756 mg	Serine	2810 mg
Glutamine & Glutamic Acid	10500 mg	Threonine	3100 mg
Glycine	1370 mg	Tryptophan	918 mg
Histidine	1050 mg	Tyrosine	2420 mg
Isoleucine [†]	3110 mg	Valine [†]	3110 mg
Leucine**	7380 mg	Total	57034 mg
Lysine	4100 mg		

† Indicates Branched Chain Amino Acid (BCAA).
**Denotes naturally occurring and added free form amino acids.

