DIRECTIONS: As a dietary supplement consume one packet in 4 fl. oz. of cold water. For maximum results, take 1 packet three

Supplement Facts

Serving Size One Packet (26.33 g)

Amount Per Serving		% Daily Value
Calories	90	
Calories from Fat	5	-
Total Fat	0.5 g	1%†
Cholesterol	5 mg	2%
Total Carbohydrate	2 g	1%†
Sugars	1 g	*
Protein	20 g	
Calcium	93 mg	9%
Sodium	100 mg	4%
Potassium	150 mg	4%

Amino Acids

Arginine (as Whey Protein Isolate, Micronized L-Arginine, Hydrolyzed Whey Protein). Glutamine (as Whey Protein Isolate, Hydrolyzed Whey Protein,

WIGIOTIZEG E-GIGIATITIE)	
Leucine	2.56 g
(as Whey Protein Isolate, L-Leucine, Hydro	olyzed Whey Protein)
L-Carnitine	166 mg
(as L-Carnitine Tartrate)	

Amino Acceleration System Enzyme Matrix™ Blend (Amylase, Protease 4.5, Protease 6.0. CereCalase® [Hemicellulase, Beta-Glucanase, Phytase], Peptidase, Alpha-galactosidase, Glucoamylase, Bromelain, Protease 3.0, Lipase, Protease AM, Invertase,

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Protein Blend (Whey Protein Isolate Hydrolyzed Whey Protein), Cocoa (Processed with Alkali), Natural and Artificial Flavors, Lecithin, Polydextrose, Sucralose, Acesulfame Potassium.

CONTAINS: Milk and Soybeans.

Lactase), Aminogen®, Carbogen®

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur. Aminogen® and Carbogen® are registered trademarks of Innophos Nutrition, Inc.

CereCalase® is a registered trademark of National Enzyme

Company, Inc. Enzyme Matrix™ is a GNC Trademark.

*When used in conjunction with an exercise program. As with any food product, use of this product alone will not lead to increased muscle mass or strength.

*Per 3 packets.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place

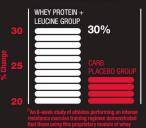
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Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. *Product was tested for over 145 banned substances on the

2015 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307. See gnc.com for more

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- 4. Arginine
- 5. L-Carnitine
- 6. Digestive Enzymes





Recovery









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6 PACKETS - Net Wt 5.56 oz (158 g)



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- Added Leucine + Aminos*
- #1 Selling GNC Sports Performance Protein

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



