

DAILY
NUTRITION

MET-Rx® ACTIVE MAN MULTIVITAMIN

ACTIVE MAN IS DESIGNED FOR MEN OF ALL AGES WHO NEED A MULTIVITAMIN THAT WORKS JUST AS HARD AS THEY DO. ACTIVE MAN IS ENHANCED WITH KEY VITAMINS AND MINERALS NEEDED TO SUPPORT ENERGY METABOLISM AND NUTRIENT BREAKDOWN, TWO CRITICAL FACTORS FOR ATHLETIC PERFORMANCE AND RECOVERY.* EACH SERVING ALSO CONTAINS POTENT LEVELS OF ANTIOXIDANTS SUCH AS VITAMIN C, E AND SELENIUM.

Directions: For adult men, take two (2) tablets daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MET-Rx®

Manufactured in the USA with select ingredients from around the world by MET-Rx Nutrition, Inc., Boca Raton, FL 33487 ©2016 Questions? Call toll free 1-800-55-MET-Rx To learn more, please go to www.MET-Rx.com

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MET-Rx®

**ACTIVE
MAN**

» **MULTIVITAMIN SPECIALLY DESIGNED
FOR THE ATHLETIC MALE**

» **TIMED RELEASE HIGH POTENCY FORMULA**

90 TABLETS DIETARY SUPPLEMENT

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Supplement Facts

Serving Size 2 Tablets
Servings Per Container 45

Amount Per Serving	%Daily Value
Vitamin A (as Beta-Carotene)	5,000 IU 100%
Vitamin C (as Ascorbic Acid)	300 mg 500%
Vitamin D (as D3 Cholecalciferol)	2,000 IU 500%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU 100%
Vitamin K (as Phytonadione)	80 mcg 100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	60 mg 4,000%
Riboflavin (Vitamin B-2)	60 mg 3,529%
Niacin (as Niacinamide)	60 mg 300%
Vitamin B-6 (as Pyridoxine Hydrochloride)	60 mg 3,000%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg 1,667%
Biotin	500 mcg 167%
Pantothenic Acid (as d-Calcium Pantothenate)	60 mg 600%
Calcium (as Calcium Carbonate, Dicalcium Phosphate and Calcium Citrate)	295 mg 30%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	100 mg 25%
Zinc (as Zinc Oxide)	25 mg 167%
Selenium (as Sodium Selenate)	200 mcg 288%
Copper (as Cupric Oxide)	2 mg 100%
Manganese (as Manganese Gluconate)	2 mg 100%
Chromium (as Chromium Picolinate)	200 mcg 167%
Molybdenum (as Sodium Molybdate)	75 mcg 100%
Potassium (as Potassium Chloride)	100 mg 3%
Choline Bitartrate	10 mg **
Inositol	10 mg **
Boron (as Bororganic Glycine)	2 mg **
Vanadium (as Sodium Metavanadate)	10 mcg **
Silica	4 mg **
Special Sport Blend	150 mg **
L-Glutamine, L-Cysteine, Taurine, N-Acetyl-L-Carnitine HCL, L-Arginine HCL, L-Carnitine Fumarate	
BCAA Blend	200 mg **
L-Valine, L-Leucine, L-Isoleucine	
Creatine Amplifier Blend	200 mg **
Glycocyamine, Glycine Powder, L-Methionine	
Herbal Blend	50 mg **
Ginkgo Biloba (<i>Ginkgo biloba</i>) (leaf), Cayenne Pepper (<i>Capsicum annuum</i>) (fruit), Green Tea (<i>Camellia sinensis</i>) (leaf), Spirulina, Phosphatidylserine	
Antioxidant Blend	50 mg **
Citrus Bioflavonoid Complex (<i>Citrus limon</i>) (peel), Grape Seed Extract (<i>Vitis vinifera</i>), Bilberry Extract (<i>Vaccinium myrtillus</i>) (fruit), Alpha Lipoic Acid, Coenzyme Q-10, Lutein	
Bioactive Blend	50 mg **
Flax (<i>Linum usitatissimum</i>) (seed), Saw Palmetto Extract (<i>Serenoa repens</i>) (fruit), Pumpkin Seed (<i>Cucurbita pepo</i>), Lycopene	

**Daily Value not established.

Other Ingredients: Hypromellose, Contains <2% of: Acacia Gum, Calcium Silicate, Cellulose Coating, Cellulose (Plant Origin), Mannitol, Natural Palm Leaf Glaze, Starch, Vegetable Magnesium Stearate, Vegetable Stearic Acid, Contains milk and soy ingredients.