

Perfect Food® Super Green Formula has more greens per serving than other green food supplement formulas. Made with vegetable, sprout and organic cereal grass ingredients, one serving is equivalent to 140 grams of fresh grass juice to ensure your body receives the nutritional benefits of multiple servings of fruit and vegetables every day.[†] **Perfect Food® Super Green Formula** contains probiotics to support digestive health and spirulina to support healthy immune function.[†] An excellent source of natural vitamin A in the form of beta-carotene and natural vitamin C, **Perfect Food®** is great for those who are unable to eat enough green foods.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing. Contains no artificial colors or preservatives. Vegetarian.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Certified



Corporation™



We Buy 100% Certified Renewable Energy



Recyclable Bottle

Distributed by **Garden of Life LLC**
4200 Northcorp Parkway
Palm Beach Gardens, FL 33410 USA
Made in the U.S.A. from foods grown in the U.S.A. and other countries. www.gardenoflife.com
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MORE GREENS PER SERVING!

Perfect Food®

Super Green Formula

45 Phytonutrient-Dense Superfoods
12 Sprouted Ingredients
Fermented Whole Food Ingredients
Made with Young Cereal Grass Juices

Net Wt. 10.58 oz (300 g)

Whole Food Dietary Supplement



Suggested: Adults mix 1 level scoop (approx. 2 tbsp) in 8 ounces of water or juice 1 (or more) times per day. Begin with 1/4 serving size for the first few days gradually working up to full serving size. Not intended for children. Scoop included. Packaged by weight not by volume. Settling may occur.

Supplement Facts		
Serving Size 1 level Scoop (Approx. 2 tbsp. or 10g)		
Servings Per Container Approximately 30		
Amount Per Serving		% Daily Value ¹
Calories	40	
Calories From Fat	10	
Total Fat	1 g	2%
Total Carbohydrate	5 g	2%
Dietary Fiber	1 g	4%
Sugars	<1 g	+
Protein	3 g	6%
Vitamin A (as beta-carotene)	8,000 IU	160%
Vitamin C	54 mg	90%
Calcium	100 mg	10%
Iron	3 mg	17%
Sodium	85 mg	4%
Potassium	350 mg	10%
Perfect Green Juice Blend	5 g	+
Barley Grass Juice*, Alfalfa Grass Juice*, Wheat Grass Juice*, Oat Grass Juice*		
Perfect Protein-Mineral Blend	3.3 g	+
Spirulina*, Rice Bran Solubles, Chlorella, Calcified Red Algae (<i>Lithothamnion corallioides</i>), Kelp Blend		
Poten-Zyme® Fermented Whole Food Matrix	1.2 g	+
Barley Grass*, Oat Grass*, Wheat Grass*, Alfalfa Grass*, Flax Seed Sprout*, Amaranth Sprout, Chia Seed Sprout, Garbanzo Bean Sprout, Sesame Seed Sprout*, Quinoa Sprout, Buckwheat Sprout*, Millet Sprout, Sunflower Seed Sprout, Adzuki Bean Sprout, Pumpkin Seed Sprout*, Lentil Sprout		
Acerola Cherry Extract (Fruit)	300 mg	+
Perfect Veggie Juice Blend	200 mg	+
Alfalfa Grass*, Beet* (Root), Carrot* (Root), Broccoli* (Flower & Stem), Tomato* (Fruit), Cucumber (Gourd), Kale* (Leaf), Spinach* (Leaf), Parsley* (Leaf), Green Cabbage* (Leaf), Celery (Stalk), Cauliflower (Flower & Stem), Bell Pepper* (Fruit), Asparagus (Flower & Stem), Brussels Sprout (Leaf), Onion* (Bulb), Garlic* (Bulb), Ginger* (Root)		
Probiotic Blend (1 Billion CFU) ²	7 mg	+
Lactobacillus plantarum, Bifidobacterium longum, Bifidobacterium lactis, Bifidobacterium bifidum, Lactobacillus rhamnosus, Bifidobacterium breve, Lactobacillus paracasei, Lactobacillus casei, Lactobacillus salivarius, Lactobacillus acidophilus		
¹ Percent Daily Values are based on a 2,000 calorie diet. ⁺ Daily Value not established.		
Other ingredients: Rebudioside A (from leaves of Organic Stevia rebaudiana). Contains: Wheat Grass. *Organic ² CFU count per serving at time of manufacture. Probiotics are cultured in dairy, which is generally consumed during the fermentation process.		