Perfect Food® Original Formula is a whole food blend with more greens per serving than other green food formulas. Made with vegetable, sprout and organic cereal grass ingredients, one serving is equivalent to 148.5 grams of fresh grass juice to ensure your body receives the nutritional benefits of multiple servings of fruit and vegetables everyday.¹ Perfect Food® Original Formula contains antioxidant green grasses, micro-algae, sea vegetables, vegetable juices, grains, seeds and legumes, plus a proprietary blend of probiotics and plant based digestive enzymes. Perfect Food® Original is great for those who are unable to get enough green foods.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing. Contains no artificial colors or preservatives. Vegetarian.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Certified

(B)

Distributed by **Garden of Life LLC**4200 Northcorp Parkway

Palm Beach Gardens, FL 33410 USA

Made in the USA from foods grown in the USA

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Perfect Food® Original

Super Green Formula

45 Phytonutrient-Dense Superfoods

12 Sprouted Ingredients

HSO Probiotics

Digestive Enzymes

Net Wt 10.58 oz (300 g)

Whole Food Dietary Supplement

Suggested Use: Adults mix 1 level scoop (2 tablespoons) in 8 ounces of water or juice 1 (or more) times per day, Begin with ¼ serving size for the first few days, gradually working up to full serving size. May be taken with or without food. Not intended for children. Scoop included.

Packaged by weight not by volume. Settling may occur.

Supplement Facts

Serving Size 1 level Scoop (Approx. 2 tbsp. or 10 g) Servings Per Container Approximately 30

Amount Per Serving	% Daily Value ¹
Calories 40	
Calories From Fat 10	
Total Fat 1 g	2%
Total Carbohydrate 5 g	2%
Sugars 1 g	+
Protein 3 g	6%
Vitamin A (as beta-carotene) 5,500 IU	110%
Calcium 20 mg	2%
Iron 4 mg	20%
Sodium 70 mg	3%
Potassium 277 mg	8%

Perfect Green Juice Blend 4.5 g

Barley Grass* (Juice and Solubles), Alfalfa Grass* (Juice), Wheat Grass* (Juice), Oat Grass* (Juice)

Perfect Whole Food Matrix 2.9 g

Rice Bran Extract, Amaranth Sprout, Quinoa Sprout, Millet Sprout, Buckwheat Sprout*, Garbanzo Bean Sprout, Lentil Sprout, Adzuki Bean Sprout, Flax Seed Sprout*, Sunflower Seed Sprout,

Bean Sprout, Lentil Sprout, Adzuki Bean Sprout, Flax Seed Sprout*, Sunflower Seed Sprout,
Pumpkin Seed Sprout*, Chia Seed Sprout, Sesame Seed Sprout*
Protein Mineral Pland 2.4 d

Spirulina, Chlorella, Kelp Blend Perfect Veggie Juice Blend 300 mg

Alfalfa Grass*, Beet* (Root), Carrot* (Root), Broccoli* (Rower & Stem), Tomato* (Fruit), Cucumber (Gourd), Kale* (Leaf), Spinach* (Leaf), Parsley* (Leaf), Green Cabbage* (Leaf), Celery (Stalk), Cauliflower (Rower & Stem), Green Bell Pepper* (Fruit), Asparagus (Rower & Stem), Brussels Sprout (Leaf), Onion* (Bulb), Garlic* (Bulb), Ginger* (Root)

HSO Probiotic & Enzyme Blend 105 mg

Amylase, Proteases, Lactase, Glucoamylase, alpha-Galactosidase, Lipase, Pectinase, Peptidase, Bromelain, Phytase, Hemicelluliase, beta-Glucanase, Papain, Cellulase, Xylanase, Diastase, Invertase, Bifidobacterium bifidum, Bifidobacterium lactis, Lactobacillus rhamnosus, Bifidobacterium breve, Lactobacillus casel. Lactobacillus salivarius, Lactobacillus adioonilus, Bacillus subtilis

Percent Daily Values are based on a 2,000 calorie diet.

+Daily Value not establised.

Contains: Wheat Grass. * Organic

Ionic Plant Based Minerals 95 mg

Probiotics are cultured in dairy which is generally consumed during the fermentation process

