

**GNC**  
PRO PERFORMANCE™

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Daily  
Pre/Post-Workout

Pro Performance® RapidDrive® BCAA 5000™ features our most advanced RapidDrive® Amino Acid Technology. These Branched Chain Amino Acids (BCAA) have been pulverized, or "micronized," from large molecules into smaller particles that are easier to absorb and deliver fast fuel for powerful performance. Now you can fully power your muscles to new levels for optimum performance.

BCAA – leucine, isoleucine and valine – are critically important for stimulating muscle protein synthesis, reducing protein breakdown and preserving muscle glycogen stores.\* The body uses these essential amino acids as fuel during exercise.\*

Using Pro Performance® RapidDrive® BCAA 5000™ can help maintain and rapidly replenish BCAA stores. Each serving supplies 5000mg of pure BCAA and mixes easily in any beverage or sports drink.

GNC's product development scientists were challenged to create an advanced delivery form of amino acid supplements, a critical sports nutrition component that can be used in the regimen of top athletes. The result of these research efforts led to the creation of the RapidDrive® Amino Series, a core group of superior and fast-absorbing amino acids for rapid muscle fueling results. This unique technology is much more advanced compared to regular amino acids. Because our team is dedicated to continually improving sports nutrition products, the Pro Performance® RapidDrive® Amino Series helps you, the athlete, get fast fuel for your muscles.



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. \*Product was tested for over 145 banned substances on the 2015 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICPD307. See gnc.com for more information.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For More Information:  
1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222

**RAPIDDRIVE® AMINO SERIES**

**BCAA  
5000™**

DIETARY SUPPLEMENT

**5000mg of Micronized BCAA to Enhance Anabolism\***

**3:1:1 Ratio of L-Leucine, L-Isoleucine and L-Valine**

**Fastest Delivery of Rapid Absorbing BCAA**

**50 SERVINGS**  
Net Wt 12.32 oz (350 g)



**FRUIT PUNCH**  
NATURAL AND ARTIFICIAL FLAVOR

CODE 351185

**DIRECTIONS:** As a dietary supplement, mix one scoop (7 g) with 6 fl. oz. of water, juice or your favorite sports drink. On workout days, consume pre-workout, during and/or post-workout. On rest days, consume one serving to enhance recovery.

EQG

## Supplement Facts

Serving Size One Scoop (7 g)  
Servings Per Container 50

Amount Per Serving		% Daily Value
Calories	5	
Total Carbohydrate	1 g	<1%†
Micronized L-Leucine	3000 mg	*
Micronized L-Isoleucine	1000 mg	*
Micronized L-Valine	1000 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.  
\* Daily Value not established.

**OTHER INGREDIENTS:** Natural and Artificial Flavor, Citric Acid, Malic Acid, Lecithin, Sucralose, FD&C Red #40.

**CONTAINS:** Soybeans.

**NOTICE:** Significant product settling may occur.  
**KEEP OUT OF REACH OF CHILDREN.**  
Store in a cool, dry place.

**STACK WITH Pro Performance® 100% Whey Protein, L-Glutamine Powder 5000 and Creatine Monohydrate 5000.**

