

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

ACTUAL SIZE

STACK WITH PRO PERFORMANCE®:
Creatine 3500, RapidDrive®
BCAA 5000™ and RapidDrive®
Arginine 5000™



GNC
PRO PERFORMANCE®

BETA- ALANINE 3200

DIETARY SUPPLEMENT

***Boosts Muscle Carnosine Levels, A Key
Fatigue-Controlling Factor****

Clinically Studied Muscle pH Buffer*

3200mg Dose to Fuel Performance

Daily

**Pre/Post-
Workout**

CODE 898711

CNG

DIRECTIONS: As a dietary supplement, take two tablets twice daily with food. For best results, take two tablets two hours before and two tablets after exercise.

Supplement Facts

Serving Size Four Tablets
Servings Per Container 30

Amount Per Serving

beta-Alanine (as CarnoSyn®)	3200 mg*
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* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Vegetable Acetoglycerides, Caramel Color, Mica, Titanium Dioxide (Natural Mineral Whitener).

WARNING: For adult use only. Taking this product may cause tingling and flushing sensations. These sensations may be enhanced if taken close to or during exercise.

Conforms to USP <2091> for weight. Meets USP <2040> for disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, No Preservatives, Sodium Free, No Wheat, No Gluten, No Corn, No Soy, No Dairy, Yeast Free.

CarnoSyn®
Carnosine Synthesizer

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TABLETS

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: