

Daily

Pre/Post-Workout

GNC
PRO PERFORMANCE

**CREATINE
PLUS[®]
5950**

DIETARY SUPPLEMENT

5000mg of Creatine per Serving to Improve Athletic Performance*

950mg of Key Aminos to Fuel Muscle Cells*

Helps to Increase Muscle Strength and Energy*

UNFLAVORED

33 SERVINGS
Net Wt 7.0 oz (200 g)

No Sugar, No Starch, No Artificial Colors,
No Artificial Flavors, No Preservatives,
Sodium Free, No Wheat, No Gluten, No Soy,
No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



CODE 350530

ANG

Creatine is one of the most misunderstood supplements, yet one of the most important tools for improving strength. Creatine is used by your muscle cells to produce energy. During strenuous exercise, your body uses this energy source to help you power through your workouts.* Supplementing with creatine will also help replenish muscle creatine to improve strength.*

In addition to 5,000mg of creatine per serving, Pro Performance[®] Creatine Plus[®] 5950 also supplies 950mg of free form amino acids. These key amino acids play an important role in muscle function.

DIRECTIONS: As a dietary supplement, mix one heaping teaspoon (6g) with 8-10 oz of water or your favorite beverage and drink daily.

Supplement Facts

Serving Size One Heaping Teaspoon (6g)
Servings Per Container 33

Amount Per Serving

Creatine Monohydrate	5000 mg*
L-Glutamine	250 mg*
Taurine	250 mg*
Glycine	250 mg*
L-Arginine	100 mg*
L-Methionine	100 mg*

* Daily Value not established.

OTHER INGREDIENTS: None.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Significant product settling may occur.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.