



mykind
ORGANICS

CERTIFIED ORGANIC WHOLE FOOD



PLANT IRON & ORGANIC HERBS

ORGANIC CRANBERRY-LIME LIQUID

NON-CONSTIPATING, EASILY ABSORBED



240 mL (8 fl oz)

Liquid Whole Food Dietary Supplement

Suggested Use: Shake well before each use.
Adults and children 6 years and over take 10mL daily.
Refrigerate once opened and consume within 30 days.

Supplement Facts

Serving Size 10 mL
Servings Per Container 24

	Amount Per Serving	% Daily Value
Vitamin C (from Organic Food Blend)	15 mg	25%
Vitamin B6*	2 mg	100%
Vitamin B12* (as Methylcobalamin)	100 mcg	1670%
Iron (from Organic Food Blend)	10 mg	60%
Certified Organic Food Blend	353 mg	+

Organic Curry Murraya koenigii (leaf), Organic Strawberry (fruit), Organic Tart Cherry (fruit), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Blackberry (fruit), Organic Tomato (fruit), Organic Amaranth (sprout), Organic Buckwheat (sprout), Organic Millet (sprout), Organic Quinoa (sprout), Organic Adzuki Bean (sprout), Organic Chia Seed (sprout), Organic Flax Seed (sprout), Organic Garbanzo Bean (sprout), Organic Lentil (sprout), Organic Pumpkin Seed (sprout), Organic Sesame Seed (sprout), Organic Sunflower Seed (sprout), Organic Blueberry (fruit), Organic Raspberry (fruit), Organic Cabbage (leaf), Organic Brussels Sprout (leaf), Organic Garlic (bulb), Organic Onion (bulb), Organic Ginger (root), Organic Cauliflower (flower & stem), Organic Parsley (leaf), Organic Green Bell Pepper (fruit), Organic Celery (stalk), Organic Cucumber (gourd), Organic Kale (leaf), Organic Asparagus (flower & stem)

Certified Organic Ayurvedic Herbal Blend	128 mg	+
Organic Amla Berry (fruit), Organic Ashwagandha (root)		

+ Daily Value not established.

Other Ingredients: Purified Water, Organic Glycerin, Organic Apple Juice, Organic Cranberry-Lime Flavor, Organic Lemon Juice, Organic Citrus Extract (to preserve freshness), Organic Stevia Rebaudoside A (leaf), Organic Rice.

*To learn more about the **RAW Food-Created Nutrients™** used exclusively by Garden of Life, go to www.gardenoflife.com.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children.

Do not use if safety seal is broken or missing. Contains no artificial colors, flavors, sweeteners or preservatives.

Distributed by Garden of Life LLC
4200 Northrop Parkway
Palm Beach Gardens, FL 33410 USA

Certified Organic by QCS

www.gardenoflife.com

Made in Canada from foods grown

in the U.S.A. and other countries.

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Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.



F!P!O!