

No Artificial Flavors, No Artificial Colors, No Artificial Sweeteners, No Wheat, Gluten Free, No Soy, No Dairy.
Conforms to USP <2091> for weight.

Lutemax 2020
LUTEIN & ZEAXANTHIN
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OmniActive Health Technologies.

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TOTAL ORAC
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Inc. used under license.

ACTUAL SIZE

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

GNC QUALITY COMMITMENT

For more than 79 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.



ULTRA MEGA® GREEN

Whole Food Enhanced Multivitamin

Made with cultured vitamins and minerals, clinically studied ingredients and fruits and vegetables.



WOMEN'S HEALTH

Contains essential vitamins and minerals for overall health. Enhanced with cranberry for urinary health and iron for energy support and muscle function.*



HEART

Supports heart health and cardiovascular function.*



BONE

Includes nutrients essential for building and maintaining healthy bones.*



BEAUTY

Packed with antioxidants to defend against cell aging plus lutein for skin hydration.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NEW!

Gf

GLUTEN
FREE

N

NON
GMO

V

VEGETARIAN

GNC
SUPERFOODS

ULTRA MEGA® GREEN Women's

DIETARY SUPPLEMENT

WHOLE FOOD ENHANCED
MULTIVITAMIN

• Heart • Bone • Beauty

CLINICALLY STUDIED



60 CAPLETS

CODE 203312

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A	5000 IU 100%	Fruit & Vegetable	100 mg *
Vitamin C	100 mg 167%	Antioxidant Blend	
Vitamin D	1000 IU 250%	Spectra™ Total ORAC Blend of: Green Coffee Extract, Broccoli Sprout Powder, Green Tea Extract, Onion Extract, Apple Extract, Acerola Extract, Camu Camu Extract, Quercetin, Tomato Powder, Broccoli Powder, Acai Fruit Powder, Turmeric Root Extract, Garlic Powder, Basil Leaf Powder, Oregano Leaf Powder, Cinnamon Bark Powder, Elderberry Fruit Powder, Carrot Powder, Mangosteen Fruit Powder, Black Currant Fruit Extract, Blueberry Fruit Extract, Sweet Cherry Fruit Powder, Blackberry Fruit Powder, Chokeberry Fruit Powder, Raspberry Fruit Powder, Spinach Leaf Powder, Kale Leaf Powder, Bilberry Fruit Extract, Brussels Sprout Powder	
Vitamin E	30 IU 100%	Lycopene (from Tomato)	1 mg *
Vitamin K	80 mcg 100%	Zeaxanthin	400 mcg *
Thiamin (Vitamin B-1)	5 mg 333%	(as Zeaxanthin isomers)	
Riboflavin (Vitamin B-2)	5 mg 294%	Women's Health & Beauty Blend	17 mg *
Niacin	25 mg 125%	Cranberry Fruit Extract, Horse Chestnut Seed, Lutemax 2020® Lutein	
Vitamin B-6	25 mg 1250%	Digestive Health & Comfort Blend	20 mg *
Folic Acid	400 mcg 100%	Ginger Root Extract (5% Gingerols = 0.50 mg) Cellulose, Bromelain, and Papain	
Vitamin B-12	150 mcg 2500%		
Biotin	300 mcg 100%		
Pantothenic Acid	25 mg 250%		
Calcium	50 mg 5%		
Iron	18 mg 100%		
Iodine	150 mcg 100%		
Magnesium	25 mg 6%		
Zinc	20 mg 133%		
Selenium	200 mcg 286%		
Copper	2 mg 100%		
Manganese	2 mg 100%		
Chromium	120 mcg 100%		
Molybdenum	75 mcg 100%		

* Daily Value not established.

Other Ingredients: Cellulose, Ferrous Sulfate HPC®, Niacinamide¹, Ascorbic Acid¹, Calcium Carbonate, Calcium Ascorbate, Zinc Oxide¹, d-alpha Tocopherol, Selenium Yeast, d-Calcium Pantothenate¹, Stearic Acid Vegetable Source, Magnesium Oxide, Dicalcium Phosphate, Pyridoxine Hydrochloride, Silicon Dioxide, Copper Sulfate¹, Magnesium Stearate Vegetable Source, Manganese Sulfate¹, Calcium d-Pantothenate, beta-Carotene, Methylcobalamin, Zinc Oxide, Riboflavin¹, Ergocalciferol, Pyridoxine Hydrochloride¹, Vitamin A Palmitate¹, Vitamin E Hydrochloride¹, Niacinamide, Phytonadione, Phytonadione¹, Magnesium HPC¹, Folic Acid¹, Potassium Iodide, Thiamine Hydrochloride, Chromium Chloride, Riboflavin, Biotin, Biotin¹, Sodium Selenate¹, Copper Sulfate, Chromium Chloride¹, Folic Acid, Sodium Molybdate¹, Molybdenum HPC¹, Cyanocobalamin¹, Titanium Dioxide (Natural Mineral Whitener), Chlorophyll.

¹Contains Cultured Sources of Vitamins and Minerals (Cultured on Rice Protein, Yeast, Molasses, Papain, Bromelain, Gum Arabic, and Maltodextrin)

¹HPC (Hydrolyzed Protein Chelate)

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



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