



Walgreens One Daily Healthy Weight

One Daily Healthy Weight, Advanced, Tablets

Weight: 50 tablets

Serving size: 1 tablet			
Nutrient	Qty	%DV	
Vitamin C	60 mg	100%	
Calcium	200 mg	20%	
Iron	18 mg	100%	
Vitamin D	400 IU	100%	
Vitamin E	30 IU	100%	
Chromium	200 mcg	167%	
Copper	2 mg	100%	
Magnesium	50 mg	13%	
Manganese	2 mg	100%	
Niacin	25 mg	125%	
Pantothenic Acid	12.5 mg	125%	
Selenium	70 mcg	100%	
Vitamin B12	7.5 mcg	125%	
Vitamin B6	2.5 mg	125%	
Zinc	15 mg	100%	
Folic Acid	400 mcg	100%	
Riboflavin (Vit. B2)	2.1 mg	124%	
Thiamin (Vit. B1)	1.9 mg	127%	
Vitamin K	80 mcg	100%	
Guarana Blend	180 mg		
Green Tea/Cayenne Blend	10 mg		
Vitamin A (30% as beta-carotene)	2500 IU	50%	

Ingredients

Guarana Blend: Guarana Seed (Powder & Extract), Caffeine. Green Tea/Cayenne Blend: Green Tea Powder (Leaf), Cayenne Pepper Powder (Fruit). Calcium Carbonate, Croscarmellose Sodium, Magnesium Oxide, Guarana Seed Extract, Guarana Seed Powder, Ascorbic Acid, Ferrous Fumarate, Hydroxypropyl Methylcellulose, Microcrystalline Cellulose, Di-Alpha Tocopheryl Acetate (Contains Fish from Several Species of Whitefish), Niacinamide, Chromium Chloride, Silicon Dioxide, Zinc Oxide, D-Calcium Pantothenate, Stearic Acid (from Soy), Titanium Dioxide, Caffeine, Magnesium Stearate, Sodium Selenate, Manganese Sulfate, Triacetin, Cupric Sulfate, Cayenne Pepper Powder, Green Tea Leaf Powder, Cholecalciferol, Vitamin A Acetate,

Pyridoxine Hydrochloride, Beta-Carotene, Riboflavin, Thiamin Mononitrate, Polyethylene Glycol, Folic Acid, FD&C Yellow No. 5 Lake, Carnauba Wax, FD&C Blue No. 1 Lake, Phytanadione, Cyanocobalamin. Contains FD&C Yellow No. 5 Lake-Tartrazine as a Color Additive.

Warnings

Keep out of the reach of children. Pregnant or nursing women should consult their health care professional before taking this product. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a doctor or poison control center immediately.

Manufacturer

Walgreen Co.

200 Wilmot Rd. Deerfield, IL 60015-4616

UPC

311917094847

Directions

Take one tablet daily with a full glass of water, preferably after a meal. Keep in a cool, dry place, tightly closed.

Product Details

Compare to One-A-Day Weight Smart Advanced (This product is not manufactured or distributed by Bayer Corporation, distributor of One-A-Day Weight Smart Advanced). High Potency Multivitamin/Multimineral Supplement. With guarana blend. Metabolism and energy support. Multivitamin/Multimineral Support Supports: Healthy cardiovascular system; Metabolism; Physical energy; Promotes cell protection. Complete Multivitamin/Multimineral supplement contains important vitamins and minerals designed to help you maintain a healthy weight: 100% RDI or more of essential vitamins; Extra B-vitamins and chromium turn food into energy. Supports metabolism with guarana blend. Vitamins E, C, B-6 & B-12 support a healthy heart; Vitamins A, C, E, selenium & green tea provide antioxidant protection. Key Benefits: Energy - Thiamin, Riboflavin, Niacin, Iron, Chromium, Vitamins B-6 & B-12; Enhances Immunity - Vitamins A, C, E, Iron & Zinc; Healthy Cardiovascular System - Vitamins B6, B2, C, E & Folic Acid; Promotes Cell Protection - Selenium, Vitamins C & E; Supports Metabolism - Guarana Blend, Chromium, Niacin & Thiamin. Assured Release. (These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.)