



Dr. Formulated ORGANIC FIBER

5g PREBIOTIC FIBER

DELICIOUS CITRUS FLAVOR

PER SERVING FROM 5 NUTRITIOUS ORGANIC SUPERFOODS

Support for Occasional Constipation[†]
Promotes Hunger Control[†]
No Grit or Gummy Texture



PSYLLIUM FREE • GLUTEN FREE • DAIRY FREE • SOY FREE

Net Wt 7.9 oz (223 g) 32 SERVINGS

POWDER SUPPLEMENT



Dr. Formulated ORGANIC FIBER



DAVID PERLMUTTER, M.D.

Formulated by America's Brain-Health Expert, a Board-Certified Neurologist, #1 *New York Times* best-selling author, Fellow of the American College of Nutrition, and expert in the human MICROBIOME.

A Delicious Organic Citrus Flavored Fiber that is clear and packed with goodness, Organic Fiber is an easy and convenient way to boost your favorite beverage or food's nutritional value with a single spoonful.

Prebiotic Fiber from real, Organic, Non-GMO Whole Foods helps curb appetite, promotes growth of healthy probiotics in the digestive tract, supports healthy digestion, elimination, and occasional constipation.[†]



CERTIFIED ORGANIC

Farmed without the use of toxic pesticides and fertilizers



NON-GMO VERIFIED

Independent, third party verification



VEGAN CERTIFIED

Third party certified by Vegan Action



CERTIFIED GLUTEN-FREE BY NSF

PSYLLIUM FREE • DAIRY FREE • SOY FREE • SUGAR FREE



DPOFC223G-081415

Suggested Use: Adults add 1 Tablespoon to at least 8oz of water or juice, and stir. Dissolves easily and mixes clearly. Not intended for children.

Supplement Facts

Serving Size 1 Tablespoon (7 g)
Servings Per Container Approximately 32

	Amount Per Serving	% Daily Value
Calories	20	
Calories from Fat	0	
Total Fat	0 g	0%*
Saturated Fat	0 g	0%*
Trans Fat	0 g	
Sodium	15 mg	1%
Total Carbohydrate	5 g	2%*
Dietary Fiber	5 g	20%*
Soluble Fiber	4 g	
Insoluble Fiber	1 g	
Sugars	0 g	
Protein	0 g	0%*

Organic Prebiotic Fiber Blend 6 g +
Organic Acacia Fiber (A. senegal), Organic Orange (peel), Organic Baobab (fruit), Organic Apple (peel), Organic Cranberry (seed)

*Percent Daily Values are based on a 2,000 calorie diet.
+Daily Value not established.

Other Ingredients: Organic Orange Flavor, Organic Lime Flavor, Organic Tangerine Flavor, Organic Stevia Extract (leaf), Sea Salt.

CAUTION: Consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children.

Store in a cool, dry place.

Do not use if seal is damaged or missing.

Packaged by weight not volume.

Settling may occur.

Contains no filler ingredients, artificial colors, flavors, sweeteners or preservatives.



[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by Garden of Life LLC

4200 Northcoast Parkway, Palm Beach Gardens, FL 33410 USA

Certified Organic by QCS

www.gardenoflife.com

Made in the U.S.A.

© 2015 Garden of Life LLC