WARNING: CONSULT YOUR PHYSICIAN PRIOR TO USING THIS PRODUCT IF YOU ARE PREGNANT, NURSING, TAKING MEDICATION, UNDER 18 YEARS OF AGE, HAVE SLEEP APNEA, NARCOLEPSY OR OTHER RELATED SLEEP DISORDERS. ABSOLUTELY DO NOT CONSUME WITH ALCOHOL, PRESCRIPTION OR OVER THE COUNTER MEDICATION INCLUDING BUT NOT LIMITED TO SLEEPING AIDS, OPIATES, OR ANTI-DEPRESSANTS. DO NOT TAKE IF YOU SUFFER FROM ANY MENTAL ILLNESS INCLUDING BIPOLAR DISORDER. DO NOT TAKE MORE THAN THE RECOMMENDED DOSE. CONSULT YOUR PHYSICIAN BEFORE USE. DO NOT TAKE THIS PRODUCT IF YOU ARE AT RISK OR ARE BEING TREATED FOR ANY PRE-EXISTING MEDICAL CONDITION INCLUDING BUT NOT LIMITED TO: HIGH OR LOW BLOOD PRESSURE, CARDIAC ARRHYTHMIA, STROKE, HEART, LIVER, KIDNEY OR THYROID DISEASE, SEIZE DISORDER, PSYCHIATRIC DISEASE, DIABETES, DIFFICULTY URINATING DUE TO PROSTATE ENLARGEMENT OR IF YOU ARE TAKING AN MAO INHIBITOR. DISCONTINUE USE IF YOU EXPERIENCE ANY ADVERSE REACTION TO THIS PRODUCT. ALWAYS READ THE LABEL BEFORE USE. MANUFACTURED ON EQUIPMENT WHICH PROCESS PRODUCTS CONTAINING MILK, EGG, SOYBEANS, SHELLFISH, WHEAT, AND TREE NUTS. MANUFACTURED IN USA AT cGMP FACILITY.

KEEP OUT OF REACH OF CHILDREN.

NUTRISYSTEMS
MOLECULE... PERFORM

CRASH

NOCTURNAL SLEEP & RECOVERY SUPPORT

- INFUSED WITH VALERIAN ROOT & PHENIBUT HCL ~
- NORMAL NYSTEM SUPPORT ~
- SUPPORTS DEEP REM SLEEP ~

30 SERVINGS

FRUIT PUNCH
NATURAL AND ARTIFICIAL FLAVOR
DIETARY SUPPLEMENT
NET WEIGHT 117g (4.14oz)

Supplement Facts

Serving Size: 1 Scoop (3.9g) — Servings Per Container: 30

Amount Per Serving	% Daily Value
Calories 5	
Total Carbohydrate 2g	<1%
Dietary Fiber 1g	4%
Vitamine B6 (as Pyridoxal-5-phosphate) 0.8mg	32%
Magnesium (as Trimagnesium Dicitrate) 7mg	2%
Zinc Sulfate (as Zinc Sulfate Monohydrate) 24mg	160%
Phenibut HCl 300mg	**
L-Tryptophan 100mg	**
L-Carnitine L-Tartate 100mg	**
Valerian Root Extract 50mg	**
Ashwagandha Root Extract 50mg	**
Passion Flower Extract 30mg	**
Excitamine 20mg	**
Alpha-Glycerylphosphorylcholine 5mg	**
Phosphatidylserine 4mg	**

*Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not Established.

Other Ingredients: Maltodextrin, Soluble Corn Fiber, Natural & Artificial Flavor, Malic Acid, Sucralose, Calcium Silicate, Sea Salt, Silica, Dicalcium Phosphate, FD&C Red Lake #40, FD&C Red #40.

SUGGESTED USE: AS A DIETARY SUPPLEMENT, MIX 1 SCOOP WITH 120-180ML OF WATER 30 MINUTES PRIOR TO BEDTIME. DO NOT EXCEED 1 SCOOP MAX PER DAY.

STORE IN A COOL DRY PLACE.

cGMP MANUFACTURED IN A cGMP FACILITY

GLUTEN FREE

Contains Soy Lecithin.

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