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Suggested Use: Adults take 3 capsules per day, best taken as divided servings. You may gradually increase up to 9 capsules per day. Contents may be separated from capsule and poured into your Ifavorite raw juice or water. Can be taken with or without food. Not intended for children.

## Supplement Facts

Serving Size 3 Capsules

Amount Per Serving	% Daily Value	
Vitamin C*	24 mg	40%
Vitamin D*	667 IU	167%
Vitamin E*	12 IU	40%
Thiamin* (Vitamin B <sub>1</sub> )	1 mg	67%
Riboflavin* (Vitamin B <sub>2</sub> )	1.13 mg	66%
Vitamin B <sub>6</sub> *	1.33 mg	67%
Folate*	133 mcg	33%
Vitamin B <sub>12</sub> *	10 mcg	167%
Pantothenic Acid*	1.92 mg	19%
Calcium*	42 mg	4%
lodine*	50 mcg	33%
Magnesium*	14 mg	4%
Selenium*	23 mcg	33%
Copper*	0.18 mg	9%
Manganese*	0.67 mg	34%
Chromium*	40 mcg	33%
Molybdenum*	19.5 mcg	26%

## **RAW Whole Food**

Prohiotic Blend

plantarum, Lactobacillus reuteri, Lactobacillus rhamnosus, Bifidobacterium animalis sub. lactis, Bifidobacterium bifidum, Bifidobacterium lactis, Bifidobacterium longum, Lactobacillus acidophilus, Lactobacillus bulgaricus,

Amount Per Serving % Daily Value Lactobacillus casei, Lactobacillus gasseri, Eastern European Wild Kefir Culture containing Lactobacillus helveticus, Lactobacillus kefiranofaciens, Lactobacillus kefirgranum, Lactococcus lactis, Lactococcus cremoris Streptococcus thermophilus, Lactobacillus kefir, Lactobacillus parakefir, Lactobacillus brevis, Lactococcus lactis biovar diacetylactis, Leuconostoc lactis, Leuconostoc mesenteroides, Leuconostoc cremoris, Leuconostoc dextranicum, Kluyveromyces marxianus, Brettanomyces anomalus, Debaryomyces hansenii, Saccharomyces unisporus, Saccharomyces

turicensis, Saccharomyces cerevisiae, Saccharomyces exiguus, Torulaspora delbrueckii Total Cultures 85 Billion CFU1

Eastern European RAW Fruit & Veggie Blend Red Bell Pepper (Fruit), Green Pea (Seed), Carrot

(Root), Plum (Fruit), Cherry (Fruit), Strawberry (Fruit), Raspberry (Fruit) Dairy-Digesting Enzyme Blend

Protease SP 20,000 HUT Protease S 1,000 APU

## Other ingredients: Vegetable cellulose.

To learn more about the RAW Food-Created Nutrients™ used exclusively by Garden of Life, go to www.gardenoflife.com. At end of Best Use Date under recommended storage conditions.

Store in a dry place at 71°F (22°C) or below. Best if refrigerated.

774 mg

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

## Keep out of reach of children.

Do not use if safety seal is broken or missing. Contains no carriers, fillers, artificial colors or preservatives.

RPWW90L-101014



We Buy 100% Certified Renewable Energy



**GLASS RECYCLES** 

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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