

RECOMMENDED USE: For Energy & Focus Anytime during the day*: Consume 1 bottle. For Muscle Recovery Support*: Consume 1 bottle after training.*

Supplement Facts

Serving Size 1 Bottle (16 fl oz)

Amount Per Serving	% Daily Value	
Calories	15	
Total Carbohydrate	3 g	1%*
Protein	1 g	2%*
Amino Acid Blend	5 g	†
Taurine, Beta Alanine (as CarnoSyn®), BCAA Peptides (Hydrolyzed Whey Protein Isolate, L-Leucine, L-Isoleucine, L-Valine)(PepForm®), L-Alanyl-L-Glutamine (Sustamine®), Citrulline Peptides (L-Citrulline, Hydrolyzed Whey Protein Isolate)(PepForm®), L-Arginine, L-Tyrosine		
Energy Blend*	160 mg	†
Caffeine†, Green Tea Extract (<i>Camellia sinensis</i>) (leaf)(standardized for epigallocatechin gallate (EGCG)), Green Coffee Extract (bean)		

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

OTHER INGREDIENTS: Triple Filtered Water, Natural and Artificial Flavor, Phosphoric Acid, Malic Acid, Tartaric Acid, Potassium Sorbate and Potassium Benzoate (as preservatives), Propylene Glycol Alginate, Sucralose, Caffeine (from Coffee Bean and/or Tea), Acesulfame Potassium, Red 40.

CONTAINS: MILK.

MANUFACTURED BY OPTIMUM NUTRITION, INC.
3500 Lacey Rd, Suite 1200, Downers Grove, IL 60515

† Total Caffeine from all sources is 100mg per bottle.
* When consumed as directed at maximum dosage.

CarnoSyn
Carnosine Synthesizer
CarnoSyn® trademark and patents owned by Natural Alternatives International, Inc., www.carnosyn.com.

SUSTAMINE
Sustamine® is a trademark of Kyowa Hakko Bio Co., Ltd.

PepForm PepForm® is a trademark of Glanbia plc.

Do not combine with alcohol. Do not exceed 4 bottles within any 24 hour period. Consume as part of a healthy diet, and drink at least 100 fl oz of water per day. Exercise may increase your need for fluid intake. Keep out of reach of children.

WARNING: CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT IF YOU ARE TAKING ANY MEDICATIONS OR ARE UNDER A PHYSICIAN'S CARE FOR A MEDICAL CONDITION. NOT FOR USE BY THOSE UNDER THE AGE OF 18. WOMEN THAT ARE PREGNANT, TRYING TO GET PREGNANT, OR BREASTFEEDING SHOULD NOT TAKE THIS PRODUCT. THIS PRODUCT MAY CAUSE DROWSINESS, DIZZINESS, HEADACHE, AND OTHER SIDE EFFECTS. THIS PRODUCT HAS TOO MUCH CAFFEINE AND MAY CAUSE NERVOUSNESS, IRRITABILITY, SLURPERNESS, AND OCCASIONALLY RAPID HEARTBEAT. BETA-ALANINE MAY CAUSE A HARMLESS, TEMPORARY TINGLING OR FLUSHING SENSATION.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CA CRV
ME 5c



V.1.0000.101.5US 6033310

AMINO ENERGY

- ENERGY AND FOCUS*
- CAFFEINE FROM NATURAL SOURCES
- MUSCLE RECOVERY BEFORE, DURING AND AFTER EXERCISE**
- ESSENTIAL AMINO ACID DELIVERY IN THE FORM OF BCAAs*



ESSENTIAL AMINO ENERGY

STRAWBERRY COOLER

Naturally and Artificially Flavored