



# FLASH POINT®

## PREWORKOUT CONCENTRATE

ENERGY, FOCUS, STAMINA

FRUIT PUNCH

NATURALLY & ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT  
NET WT. 7.0 oz. (200 g)

### Supplement Facts

Serving Size 1 Scoop (6.7 g)

Servings Per Container About 30

|                                              | Amount<br>Per Serving | % Daily<br>Value |
|----------------------------------------------|-----------------------|------------------|
| Calories                                     | 5                     |                  |
| Sodium                                       | 220 mg                | 9%†              |
| Carbohydrates                                | <1 g                  | <1%†             |
| Niacin (Vitamin B3)                          | 20 mg                 | 100%             |
| Vitamin B6<br>(pyridoxine HCl)               | 2 mg                  | 100%             |
| Folic Acid                                   | 200 mcg               | 50%              |
| Vitamin B12<br>(cyanocobalamin)              | 10 mcg                | 167%             |
| Pantothenic Acid<br>(d-calcium pantothenate) | 10 mg                 | 100%             |
| Magnesium (citrate)                          | 150 mg                | 37%              |

|                                                                                       | Amount<br>Per Serving | % Daily<br>Value |
|---------------------------------------------------------------------------------------|-----------------------|------------------|
| Beta Alanine (CarnoSyn®)                                                              | 1,600 mg              | *                |
| L-Citrulline DL-Malate                                                                | 1,000 mg              | *                |
| N-Acetyl L-Tyrosine                                                                   | 1,000 mg              | *                |
| Caffeine                                                                              | 250 mg                | *                |
| Sensoril®                                                                             | 125 mg                | *                |
| Ashwagandha ( <i>Withania somnifera</i> ) root<br>and leaf extract (10% withanolides) |                       |                  |
| AstraGin® (proprietary blend)                                                         | 50 mg                 | *                |
| ( <i>Panax notoginseng</i> )(root) and<br>( <i>Astragalus membranaceus</i> )(root)    |                       |                  |
| Huperzine A                                                                           | 100 mcg               | *                |
| ( <i>Huperzia serrata</i> )(whole herb)                                               |                       |                  |

† Percent Daily Value based on a 2,000 calorie diet.

\* Daily Value not established.

**Other ingredients:** Citric acid, natural & artificial flavor, sucralose, acesulfame potassium, red beet root powder.

**GLUTEN FREE**

**These statements have not been evaluated by the Food and Drug administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH  
OF CHILDREN.

TAMPER EVIDENT  
Do not use if outer seal  
is broken or missing.

Formulated to energize mental and physical performance, Flash Point is designed to help take your training to the next level.

**DIRECTIONS:** Mix one (1) scoop (6.7g) in 6 oz. of cold water. Consume 30 - 45 minutes prior to training or physical activity.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

AstraGin® is a registered trademark of NuLiv Science USA, Inc.



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Sensoril® is a trademark of Natreon, Inc.

**Distributed by: Vitamin Shoppe, Inc., Secaucus, NJ 07094**  
Visit [www.bodytech.com](http://www.bodytech.com) or call 1-800-223-1216 for more information and to reorder.

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