

WARNING: Consult your physician before using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.
No Artificial Colors, No Artificial Flavors, No Artificial Sweeteners, No Wheat, Gluten Free, No Soy, No Dairy.
Conforms to USP <2091> for weight.



Lutemax 2020™ is a trademark of OmniActive Health Technologies.



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ACTUAL SIZE

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

GNC QUALITY COMMITMENT

For more than 79 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.



Please recycle this box.



ULTRA MEGA® GREEN

Whole Food Enhanced Multivitamin

Made with cultured vitamins and minerals, clinically studied ingredients and fruits and vegetables.

- ✓ **MEN'S HEALTH**
Contains essential vitamins and minerals for overall health, including Vitamin D, which may play a role in supporting colon health.*
- ✓ **HEART**
Supports heart health and cardiovascular function.*
- ✓ **PROSTATE**
Has lycopene, found in tomatoes, that helps to support prostate health.*
- ✓ **ANTIOXIDANTS**
Made with fruits and vegetables, as well as lutein, to defend against cell aging.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NEW!



GLUTEN FREE



NON GMO



VEGETARIAN

GNC
SUPERFOODS

ULTRA MEGA® GREEN Men's

DIETARY SUPPLEMENT

WHOLE FOOD ENHANCED MULTIVITAMIN

• Heart • Prostate • Antioxidants

CLINICALLY STUDIED



60 CAPLETS

CODE 20312

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A	5000 IU 100%
Vitamin C	60 mg 100%
Vitamin D	1000 IU 250%
Vitamin E	30 IU 100%
Vitamin K	80 mcg 100%
Thiamin (Vitamin B-1)	.5 mg 333%
Riboflavin (Vitamin B-2)	.5 mg 294%
Niacin	25 mg 125%
Vitamin B-6	25 mg 1250%
Folic Acid	400 mcg 100%
Vitamin B-12	150 mcg 2500%
Biotin	300 mcg 100%
Pantothenic Acid	25 mg 250%
Calcium	50 mg 5%
Iodine	150 mcg 100%
Magnesium	25 mg 6%
Zinc	20 mg 133%
Selenium	200 mcg 288%
Copper	2 mg 100%
Manganese	2 mg 100%
Chromium	120 mcg 100%
Molybdenum	75 mcg 100%

Fruit & Vegetable Antioxidant Blend

Spectra™ Total ORAC Blend of: Green Coffee Extract, Broccoli Sprout Powder, Green Tea Extract, Onion Extract, Apple Extract, Acerola Extract, Camu Camu Extract, Quercetin, Tomato Powder, Broccoli Powder, Acai Fruit Powder, Turmeric Root Extract, Garlic Powder, Basil Leaf Powder, Oregon Leaf Powder, Cinnamon Bark Powder, Elderberry Flower Powder, Carrot Powder, Mangosteen Fruit Powder, Black Currant Fruit Extract, Blueberry Fruit Extract, Sweet Cherry Fruit Powder, Blackberry Fruit Powder, Chokeberry Fruit Powder, Raspberry Fruit Powder, Spinach Leaf Powder, Kale Leaf Powder, Bilberry Fruit Extract, Brussels Sprout Powder

Lutemax 2020™ Lutein 2 mg *

Zeaxanthin (as Zeaxanthin Isomers) 400 mcg *

Men's Health Blend

Yohimbe Bark Extract (Pausinystalia yohimbe)(8% Yohimbine Alkaloids = 0.8 mg)

Fenugreek Seed Powder (Trigonella foenum-graecum)

Lycopene (from Tomato)

Digestive Health & Comfort Blend

Ginger Root Extract (Zingiber officinale)(5% Gingerols = 0.5 mg), Cellulase, Papain, Bromelain

* Daily Value not established.

Other Ingredients: Cellulose, Nicotinamide¹, Ascorbic Acid², Calcium Carbonate, Zinc Oxide³, d-alpha Tocopherol, Selenium Yeast, d-Calcium Pantothenate⁴, Magnesium Oxide, Calcium Ascorbate, Stearic Acid Vegetable Source, Dicalcium Phosphate, Pyridoxine Hydrochloride, Silicon Dioxide, Copper Sulfate⁵, Manganese Sulfate⁶, Calcium d-Pantothenate, beta-Carotene, Methylcobalamin, Magnesium Stearate Vegetable Source, Zinc Oxide, Riboflavin⁷, Erythrosylchloride, Pyridoxine Hydrochloride⁸, Vitamin A Palmitate⁹, Thiamine Hydrochloride¹⁰, Nicotinamide, Phytanadione, Phytanadione¹¹, Magnesium HPC¹², Folic Acid¹³, Potassium Iodide, Thiamine Hydrochloride, Chromium Chloride, Riboflavin, Biotin, Biotin¹⁴, Sodium Selenate¹⁵, Copper Sulfate, Chromium Chloride¹⁶, Folic Acid, Sodium Molybdate¹⁷, Molybdenum HPC¹⁸, Cyanocobalamin¹⁹, Titanium Dioxide (Natural Mineral Whitener), Chlorophyll.

¹Contains Cultured Sources of Vitamins and Minerals (Cultured on Rice Protein, Yeast, Molasses, Papain, Bromelain, Gum Arabic, and Maltodextrin)

¹⁸HPC (Hydrolyzed Protein Chelate)