

No Artificial Colors, No Artificial Flavors, No Artificial Sweeteners, No Wheat, Gluten Free, No Soy, No Dairy. Conforms to USP <2091> for weight.

Lutemax 2020
LUTEIN &
ZEAXANTHIN

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OmniActive Health Technologies.

Spectra
TOTAL ORAC

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Inc. used under license.

ACTUAL SIZE

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

GNC QUALITY COMMITMENT

For more than 79 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.



Please recycle this box.



ULTRA MEGA® GREEN

Whole Food Enhanced Multivitamin

Made with cultured vitamins and minerals, clinically studied ingredients and fruits and vegetables.



WOMEN'S PERFORMANCE

Contains essential vitamins and minerals for optimum health and athletic performance. Enhanced with iron for energy support and muscle function.*



ENERGY

Has an array of B vitamins, essential for energy production.*



DIGESTION

Helps you digest key nutrients for the energy you need to support your fit and active lifestyle.*



BEAUTY

Packed with antioxidants to defend against cell aging and leutin for skin hydration.*



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NEW!

Gf

GLUTEN
FREE

N

NON
GMO

V

VEGETARIAN

GNC

SUPERFOODS

ULTRA MEGA® GREEN Women's Active

DIETARY SUPPLEMENT

**WHOLE FOOD ENHANCED
MULTIVITAMIN**

• Energy • Digestion • Beauty

CLINICALLY STUDIED



60 CAPLETS

CODE 203112

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A	5000 IU 100%	Fruit & Vegetable	100 mg *
Vitamin C	300 mg 500%	Antioxidant Blend	
Vitamin D	1000 IU 250%	Spectra™ Total ORAC Blend of: Green Coffee Extract, Broccoli Sprout Powder, Green Tea Extract, Onion Extract, Apple Extract, Acerola Extract, Camu Camu Extract, Quercetin,	
Vitamin E	30 IU 100%	Tomato Powder, Broccoli Powder, Acai Fruit Powder, Turmeric Root Extract, Garlic Powder,	
Vitamin K	80 mcg 100%	Basil Leaf Powder, Oregon Leaf Powder,	
Thiamin (Vitamin B-1)	30 mg 2000%	Cinnamon Bark Powder, Elderberry Fruit Powder, Carrot Powder, Mangosteen Fruit Powder, Black Currant Fruit Extract, Blueberry Fruit Extract, Sweet Cherry Fruit Powder,	
Riboflavin (Vitamin B-2)	30 mg 1765%	Blackberry Fruit Powder, Chokeberry Fruit Powder, Raspberry Fruit Powder, Spinach Leaf Powder, Kale Leaf Powder, Bilberry Fruit Extract, Brussels Sprout Powder	
Niacin	30 mg 150%	Lutemax 2020™ Lutein	2 mg *
Vitamin B-6	30 mg 1500%	Boron	900 mcg *
Folic Acid	400 mcg 100%	Lycopene (from Tomato)	1 mg *
Vitamin B-12	250 mcg 4167%	Zeaxanthin	400 mcg *
Biotin	350 mcg 117%	(as Zeaxanthin Isomers)	
Pantothenic Acid	25 mg 250%	Sports Blend	60 mg *
Calcium	125 mg 13%	Rhodiola Extract (3% Rosavins = 0.75 mg)	
Iron	18 mg 100%	Turmeric (95% Curcuminoids = 23.75 mg)	
Iodine	150 mcg 100%	Panax ginseng Extract	(3% Ginsenosides = 0.30 mg)
Magnesium	25 mg 6%	Digestive Health	20 mg *
Zinc	20 mg 133%	& Comfort Blend	
Selenium	75 mcg 107%	Ginger Root Extract (5% Gingerols = 0.50 mg), Cellulose, Bromelain, and Papain	
Copper	2 mg 100%		
Manganese	2 mg 100%		
Chromium	120 mcg 100%		
Molybdenum	75 mcg 100%		
Chloride	47 mg 1%		
Potassium	52 mg 1%		

* Daily Value not established.

Other Ingredients: Cellulose, Calcium Ascorbate, Calcium Carbonate, Ferrous Sulfate HPC*, Nicotinamide*, Ascorbic Acid*, Potassium Chloride, Zinc Oxide*, d-alpha Tocopherol, Dicalcium Phosphate, d-Calcium Pantothenate*, Magnesium Oxide, Stearic Acid Vegetable Source, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Methylcobalamin, Silicon Dioxide, Magnesium Stearate Vegetable Source, Copper Sulfate*, Manganese Sulfate*, Calcium D-Pantothenate, beta-Carotene, Boron HPC*, Zinc Oxide, Riboflavin*, Ergocalciferol, Nicotinamide, Pyridoxine Hydrochloride*, Vitamin A Palmitate*, Thiamine Hydrochloride*, Selenium Yeast, Phytanadione, Vitamin K-1*, Magnesium HPC*, Folic Acid*, Potassium Iodide, Biotin, Chromium Chloride, Biotin*, Sodium Selenate*, Copper Sulfate, Chromium Chloride*, Folic Acid, Sodium Molybdate*, Molybdenum HPC*, Cyanocobalamin*, Titanium Dioxide (Natural Mineral Whitener), Chlorophyll.

*Contains Cultured Sources of Vitamins and Minerals (Cultured on Rice Protein, Yeast, Molasses, Papain, Bromelain, Gum Arabic, and Maltodextrin)

*HPC (Hydrolyzed Protein Chelate)

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.