

CODE 344522

DIRECTIONS: As a dietary supplement, take contents of one pack daily with food.

Each pack contains:

Ultra Mega® Green Women's 50 Plus

Supplement Facts

Serving Size Two Light Green Caplets

Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Acetate)	5000 IU 100%
Vitamin C (as Ascorbic Acid)	500 mg 833%
Vitamin D (as Cholecalciferol D-3)	1600 IU 400%
Vitamin E (as d-alpha Tocopheryl Succinate)	30 IU 100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	25 mg 1667%
Riboflavin (Vitamin B-2)	25 mg 1471%
Niacin (as Niacinamide)	25 mg 125%
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg 1250%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	250 mcg 4167%
Biotin	50 mcg 17%
Pantothenic Acid (as Calcium d-Pantothenate)	25 mg 250%
Calcium (as Calcium Carbonate)	60 mg 6%
Iodine (as Potassium Iodide & Kelp)	150 mcg 100%
Magnesium (as Magnesium Oxide)	25 mg 6%
Zinc (as Zinc Oxide)	15 mg 100%
Selenium (as L-Selenomethionine)	200 mcg 286%
Copper (as Copper Oxide & Hydrolyzed Protein Chelate)	2 mg 100%
Manganese (as Hydrolyzed Protein Chelate)	2 mg 100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg 100%
Molybdenum (as Hydrolyzed Protein Chelate)	75 mcg 100%

Greens Blend	360 mg
Barley Grass Powder (<i>Hordeum vulgare</i>), Alfalfa Juice Powder (<i>Medicago sativa</i>), Chlorella Powder (<i>Chlorella vulgaris</i>), Spirulina Powder (<i>Spirulina platensis</i>), Kelp Powder (<i>Asophyllum nodosum</i>), Wheat Grass Juice Powder (<i>Triticum aestivum</i>)	

Beauty Blend	100 mg
Green Tea Leaves Extract (<i>Camellia sinensis</i>), Collagen, MSM (Methylsulfonyl-methane), Horsetail Rush Stems (<i>Equisetum arvense</i>), L-Cysteine	

Healthy Aging Antioxidant Blend	100 mg
Green Tea Leaves Extract (<i>Camellia sinensis</i>), Elderberry Fruit Powder (<i>Sambucus nigra</i>), Bilberry Fruit Powder (<i>Vaccinium myrtillus</i>), Turmeric Root Extract (<i>Curcuma longa</i>), Quercetin Dihydrate, Resveratrol (from <i>Polygonum cuspidatum</i> Root Extract)	

Heart Health Blend	100 mg
Grape Seed Extract (<i>Vitis vinifera</i>), Oat Bran Flour (<i>Avena sativa</i>), Hawthorne Leaf & Flower Extract (<i>Crataegus laevigata</i>), Flax Seed Hulls (<i>Linum usitatissimum</i>)	

Vegetable Blend	80 mg
Broccoli Juice Powder (<i>Brassica oleracea</i>), Carrot Root Juice Powder (<i>Daucus carota</i>), Spinach Juice Powder (<i>Spinacia oleracea</i>), Beet Root Juice Powder (<i>Beta vulgaris</i>), Broccoli Sprouts Powder (<i>Brassica oleracea</i>), Cauliflower Sprouts Powder (<i>Brassica oleracea</i>), Tomato Paste Powder (<i>Lycopersicon esculentum</i>)	

ACTUAL SIZE

JMG

Ginkgo Biloba

Supplement Facts

Serving Size One Tan Filled Capsule

Amount Per Serving	% Daily Value
Liver & Urinary Tract Health Blend	50 mg
Artichoke Leaf Extract (<i>Cynara scolymus</i>), Milk Thistle Leaf Extract (<i>Silybum marianum</i>), Cranberry Juice Powder (<i>Vaccinium macrocarpon</i>)	
n•Zimes® Proprietary Blend	48 mg
Amylase, Protease 4.5, Lipase, Glucoamylase, Protease 3.0, Bromelain, Protease 6.0, Papain, Cellulase, Malt diastase	

Bean Blend	10 mg
Fermented Soybean Powder (<i>Glycine max</i>), Black Bean Powder (<i>Phaseolus vulgaris</i>), Garbanzo Bean Powder (<i>Cicer arietinum</i>), Kidney Bean Powder (<i>Phaseolus vulgaris</i>)	

Bone Health Blend	10 mg
Broccoli Sprouts Powder (<i>Brassica oleracea</i>), Soy Isoflavones Powder	
para-Aminobenzoic Acid	50 mg
Choline Bitartrate	25 mg
Inositol	25 mg
N-Acetyl-L-Cysteine	15 mg
alpha-Lipoic Acid	10 mg
L-Glutathione	5 mg
Lutemax 2020™ Lutein	4 mg
CereCalase™ Proprietary Blend	2 mg
Hemicellulase, beta-glucanase, Phytase	

Digestive Enzyme Blend	1 mg
Amylase, Cellulase, Protease, Lipase	
Boron (as Hydrolyzed Protein Chelate)	900 mcg
Boron (as Hydrolyzed Protein Chelate)	1 mg
Silica	1 mg
Lycopene	1 mg
Zeaxanthin	800 mcg

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Vegetable Acetoglycerides, Titanium Dioxide (Natural Mineral Whitener), Chlorophyll.

CONTAINS: Soybeans and Wheat.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery.

Supplement Facts

Serving Size One Beige Caplet

Amount Per Serving	% Daily Value
Calcium (as Calcium Carbonate)	600 mg 60%
Vitamin D (Cholecalciferol D-3)	400 IU 100%
MBP®	40 mg

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Caramel Color, Ethyl Vanillin.

CONTAINS: MILK.

Meets USP <2040> disintegration. Conforms to USP <2091> for weight.

ACTUAL SIZE

ACTUAL SIZE

Omega Complex

Supplement Facts

Serving Size One Brown Softgel Capsule

Amount Per Serving	% Daily Value
Ginkgo biloba Leaf Extract (24% Ginkgo Flavonoglycosides = 28.8 mg) (6% Terpene Lactones = 7.2 mg)	120 mg

* Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Cellulose, Vegetable Cellulose Capsule.

Potency verified by GNC procedure #5000. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

OTHER INGREDIENTS: Fish Body Oil, Borage Oil, Flax Seed Oil, Gelatin, Glycerin, Olive Oil, Caramel Color, Natural Lemon Flavor.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

ACTUAL SIZE

GNC QUALITY COMMITMENT

For more than 75 years, GNC has been the leader in the development and manufacture of dietary supplements and is committed to producing the most superior products. We use only the highest quality ingredients manufactured under the strictest quality controls. Every raw material used is tested to ensure its purity and potency. Each product is dated and then shipped immediately to our stores to ensure that you are purchasing the freshest supplements available.

GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.

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MBP®

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WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Artificial Colors.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:

General Nutrition Corporation

Pittsburgh, PA 15222



ULTRA MEGA® GREEN WOMEN'S 50 PLUS

Dietary Supplement

WHOLE FOOD ENHANCED VITAPAK® PROGRAM FOR WOMEN OVER 50

- Green foods multivitamin formula with 2,000 IU of vitamin D-3
- Supports memory function and brain health with ginkgo biloba*
- Strengthens bones with 660 mg of calcium and clinically proven MBP®*
- Lowers LDL (bad) cholesterol with 800 mg of phytosterols*



30 Packs



Women's

GNC ULTRA MEGA® GREEN WOMEN'S 50 PLUS VITAPAK® PROGRAM

GNC Ultra Mega® Green Women's 50 Plus Vitapak® Program is a convenient green foods enhanced nutritional program that combines essential vitamins and minerals with plant and whole food based ingredients to support the optimal health of older women. Emerging research suggests that including green foods as part of a healthy nutritional plan can have a variety of health-enhancing effects and can help support overall wellness. This nutrient-dense whole food enhanced multivitamin formula has been designed to supply nutrition essential to address the factors of aging.

- **Ultra Mega® Green Women's 50 Plus Multivitamin** – Our natural, nutrient-rich multivitamin blend with green food antioxidants, scientifically designed to support overall healthy aging and immune health. It contains 1,600 IU of vitamin D-3 for breast and bone health, as well as natural blends to promote eye, heart and digestive health. It also features a natural beauty blend with collagen to support healthy hair, nails and skin.*
- **Standardized Ginkgo Biloba** – A natural herb that helps support increased peripheral blood flow and mental sharpness. Each daily serving provides 120 mg of ginkgo biloba.
- **Calcium & Vitamin D-3 with MBP®** – A premium bone formula featuring 600 mg of calcium, 400 IU of vitamin D-3 and 40 mg of clinically studied MBP® Calcium is an important structural component of bone that helps maintain a healthy bone matrix. Vitamin D enhances calcium absorption. Emerging research indicates that adequate daily vitamin D intake may play a role in supporting breast, bone and immune health. Additional research indicates that MBP® supports the body's natural ability to build and maintain bone mass by supporting the body's bone building cells.*
- **Phytosterols** – Natural plant compounds found in fruits and vegetables that help block cholesterol absorption. Plant phytosterols are clinically shown to reduce cholesterol levels and may reduce the risk of heart disease. *Scientific research shows that 400 mg per serving of free phytosterols taken twice a day with meals for a daily total of at least 800 mg, as part of a healthy diet low in saturated fat and cholesterol, may reduce the risk of heart disease. Each daily serving supplies 800 mg of phytosterols.
- **Omega Complex** – A healthy blend of omega 3, 6 and 9 fatty acids per daily serving. This blend includes EPA and DHA, essential omega-3 fatty acids known to support brain and joint health.* Daily supplementation of omega-3 fatty acids also provides numerous heart-health benefits.* They help to maintain healthy cholesterol levels, are necessary in the maintenance of normal blood pressure and may reduce the risk of coronary heart disease.* Consumption of omega-3 fatty acids may reduce the risk of coronary heart disease. FDA evaluated the data and determined that, although there is scientific evidence supporting the claim, the evidence is not conclusive.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.