

BURNS FAT[†] • SATISFIES HUNGER[†] • FIGHTS CRAVINGS[†] • BURNS FAT[†] • SATISFIES HUNGER[†] • FIGHTS CRAVINGS[†]

RAW Fitness[®] is your gateway to Extraordinary Health.

RAW Fit[®], our RAW, Organic, High Protein powder, is specifically formulated to enhance your diet and exercise program, empowering you to lose weight, build muscle and restore balance.[†]

RAW Matters

Heat and processing can denature protein, reducing its availability to your body. Our USDA Certified Organic plant proteins are produced at low temperatures, preserving their complete amino acid integrity.

- Boost energy and build lean muscle mass^{*} – Use pre or post workout
- Satisfy hunger, and stay full longer with organic whole food fiber[†]
- Easily digested plant proteins PLUS live probiotics and enzymes[†]
- 28g of complete protein – 13 organic sprouted grains, seeds and legumes
- Svetol[®] Green Coffee Bean Extract – burn fat naturally and maintain healthy blood sugar[†]
- Organic Ashwagandha – support cortisol levels and manage stress-related cravings[†]
- 5g of naturally occurring branched chain amino acids



Since the very beginning, Garden of Life has chosen the cleanest, purest, whole food organic ingredients for our formulations to insure that your body is being nourished the way nature intended. Literally every member of our GoL family is emotionally and physically committed to Empowering Extraordinary Health. Doing good makes us feel good. It's a culture we're all humbled to be a part of.

Lose weight, look great[†] - Try the **RAW Fit[®]** Jump Start Plan today. go to www.gardenoflife.com/rawfit.

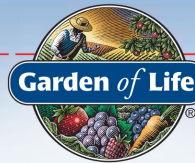
[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TYPICAL AMINO ACID PROFILE

Alanine	1476mg	Lysine*	841mg
Arginine	2083mg	Methionine*	769mg
Aspartic acid	2346mg	Phenylalanine*	1471mg
Cysteine	625mg	Proline	1098mg
Glutamic acid	4860mg	Serine	1273mg
Glycine	1230mg	Threonine*	965mg
Histidine	608mg	Tryptophan*	398mg
Isoleucine*	1138mg	Tyrosine	1207mg
Leucine*	2234mg	Valine*	1637mg

* Essential Amino Acids

* Branched Chain Amino Acids



RAW

Fit

HIGH PROTEIN FOR WEIGHT LOSS[†]

Burns Fat[†]

Ⓢ Satisfies Hunger[†] • Fights Cravings[†]
Low Glycemic Index[†]



VEGAN • GLUTEN FREE • DAIRY FREE • SOY FREE

Net Wt 14.8 oz (420 g)

Whole Food Dietary Supplement

Centerline



Supplement Facts

Serving Size 1 Level Scoop (42g)
Servings Per Container Approximately 10

Amount Per Serving	% Daily Value
Calories 170	
Calories from Fat 20	
Total Fat 2 g	3% [†]
Trans Fat 0 g	
Polysaturated Fat 1 g	
Monounsaturated Fat 1 g	
Sodium 20 mg	1%
Potassium [†] 180 mg	5%
Total Carbohydrate 10 g	3% [†]
Dietary Fiber 6 g	24% [†]
Soluble Fiber 2 g	
Insoluble Fiber 4 g	
Sugars 0 g	
Other Carbohydrate 4 g	
Protein 28 g	56% [†]
Vitamin A [*] 1,500 IU	30%
Vitamin C [*] 4 mg	6%
Vitamin D [*] 1,000 IU	250%
Vitamin E [*] 30 IU	100%
Vitamin K [*] 80 mcg	100%
Calcium [*] 30 mg	4%
Iron [*] 5 mg	30%
Chromium [*] 120 mcg	100%
Magnesium [*] 350 mg	90%

RAW Certified Organic Sprouted Protein Blend 38 g +

Organic Sprouted Brown Rice Protein, Organic Flax Meal, Organic Cracked-Wall Chlorella, Organic Amaranth Sprout, Organic Quinoa Sprout, Organic Millet Sprout, Organic Buckwheat Sprout, Organic Garbanzo Bean Sprout, Organic Lentil Sprout, Organic Adzuki Bean Sprout, Organic Flax Seed Sprout, Organic Sunflower Seed Sprout, Organic Pumpkin Seed Sprout, Organic Chia Seed Sprout, Organic Sesame Seed Sprout

RAW Certified Organic Weight Loss & Stress Management Blend 700 mg +

RAW Organic Svetol[®] (Naturally Decaffeinated Green Coffee Bean Extract), RAW Organic Ashwagandha

RAW Certified Organic Glucose Management Blend 300 mg +

Organic Babab Fruit, Organic Cinnamon, Organic Daikon Radish Sprout, Organic Alfalfa Sprout

RAW Probiotic & Enzyme Blend 53 mg +

[Lactobacillus acidophilus, Lactobacillus plantarum] (3 Billion CFU)
Lipase, Protease, Aspergillopepsin, beta-Glucanase, Cellulase, Bromelain, Phytase, Lactase, Papain, Peptidase, Pectinase, Xylanase, Hemicellulase

[†]Percent Daily Values based on a 2,000 calorie diet.

^{*}Daily Value not established.

Other Ingredients: RAW Organic Flavors (Vanilla and Chai), Organic Stevia (leaf), Sea Salt.

Suggested Use: Adults mix 1 level scoop in 8 ounces of water (scoop included). Delicious with unsweetened almond or rice milk. Not intended for children.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis, or are otherwise under medical supervision.

Store in a cool, dry place.

Do not use if safety seal is broken or missing. **Keep out of reach of children.**

Contains no filler ingredients, artificial colors, flavors, sweeteners or preservatives.

Packaged by weight not volume. Settling may occur.

^{*} To learn more about the **RAW Food-Created Nutrients[™]** used exclusively by Garden of Life, go to www.gardenoflife.com.

² Naturally occurring nutrients.

Svetol[®] is a registered trademark of Naturex, Inc.



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Certified Organic by QCS
Made in the U.S.A. www.gardenoflife.com
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