

Live Optimal™

Prebiotic+™ features a blend of natural prebiotics to encourage the growth of beneficial bacteria (such as probiotics bifidobacteria and lactobacilli). Research suggests that the compounds in Prebiotic+™ can improve gut and overall health. The benefits include optimal digestion, increased metabolism, and deeper sleep.†

- ▶ 15 GRAMS NET RESISTANT STARCH (RS2) IN EACH SERVING
- ▶ POTATO STARCH AND GREEN BANANA FLOUR FOR HEALTHY GUT FLORA †
- ▶ INULIN-FOS FROM EUROPEAN CHICORY TO HELP REGULATE BLOOD SUGAR †
- ▶ ENHANCED WITH SUPER NUTRIENTS TREHALOSE AND CEYLON CINNAMON

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



U.S.A. manufactured
in a cGMP facility.

FORMULATED & DISTRIBUTED BY:

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GLUTEN
FREE

PREBIOTIC+™

RESISTANT STARCH COMPLEX

DIGESTION - METABOLISM - SLEEP

DIETARY SUPPLEMENT
NET WT. 1 LB (454 GRAMS)

NO
PRESER-
VATIVES

NO
ARTIFICIAL
COLORS

NO
DAIRY

NO
GMO

DIRECTIONS: Mix with 4-6 oz of cold water or blend into your favorite smoothie. Start by taking ½ scoop per day for 1 week then increase to 1-2 scoops per day, preferably in the evening. Scoop included.

NOTE: Product packed with a nontoxic desiccant.

Warning: Consult a healthcare practitioner before taking this or any nutritional supplement if you are pregnant/nursing, have or suspect a medical condition, are taking any medications, or other non-Natural Stacks™ dietary supplements. Do not use if safety seal is broken or missing. Store in a cool dry place.

Crafti®Synergy1 is a registered trademark of BENEIO-Crafti Inc.

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Supplement Facts

Serving Size: One scoop (27.6 grams)

Servings Per Container: 16.4

Amount Per Serving		%DV*
Calories	92	
Calories from Fat	0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Cholesterol	0 mg	0%
Total Carbohydrate	23.4 g	7%
Dietary Fiber	2.4 g	10%
Sugars	3.3 g	**
Protein	<1 g	<1%
Sodium	10 mg	<1%
Potassium	50 mg	1%
Resistant Starch Complex	24 g	**
Unmodified Potato Starch	18 g	**
Green Banana Flour	4.6 g	**
Crafti®Synergy1 Inulin-FOS	1.4 g	**
Trehalose	3.5 g	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Values (DV) not established

Other Ingredients: Ceylon cinnamon.