

ULTIMATE VANILLA

ENERGYFIRST®

PROENERGY®

FEEL THE DIFFERENCE®

100% NATURAL WHEY PROTEIN ISOLATE

- ✓ Best Tasting - Easy To Mix
- ✓ <1g of Sugar - Flavored With Stevia
- ✓ Non-GMO - Lactose Free - Gluten Free
- ✓ Promotes Fat Burning & Stable Blood Sugar
- ✓ From Grass Fed Cows NOT Treated With rBGH

Dietary Supplement - Net Weight: 25g



Visit www.energyfirst.com or Call 888-88-ENERGY

EnergyFirst® Shake Recipe

- Recommended serving of ProEnergy®
- 1 tbs. OmegaEnergy® Oil or
- 1/4 cup OmegaEnergy® Mix
- 1/2-1 cup fresh or frozen (unsweet) fruit
- 1 scoop GreenEnergy™
- 1-3 cups pure water or other liquid

Drink an EnergyFirst Shake for breakfast, after a workout, or anytime as a meal replacement!

- NO Artificial Ingredients
- NO Casein
- NO Cholesterol
- NO Denatured Proteins
- NO Fructose
- NO Gluten
- NO GMO
- NO Heat Processing
- NO Ion Exchange Whey
- NO MSG
- NO Soy
- NO Sucralose
- NO Whey Concentrate

Contains NONE of the following

Cold-processed grass-fed rBGH Free whey protein isolate. Natural flavors, Guar gum, Lecithin (from non-GMO sunflower seeds), Stevia leaf extract. Contains milk.

INGREDIENTS:

DIRECTIONS: Add 1 scoop of powder to 1 cup of cold water or other liquid. Stir or blend until smooth.

* Percent Daily Values are based on a 2000 calorie diet.
† Daily value not established.

Amount per Serving	% Daily Value*
Calories	90
Calories from fat	0
Total Fat	0 g
Saturated fat	0 g
Trans fat	0 g
Cholesterol	0 mg
Sodium	45 mg
Total Carbohydrates	2 g
Dietary fiber	0 g
Sugars	1 g
Protein	20 g
Calcium	96 mg
Potassium	135 mg
	4%

Typical Amino Acid Profile per 25g:

Alanine 950 mg
Arginine 394 mg
Aspartate 2134 mg
Cysteine 484 mg
Glutamine 3389 mg
Glycine 305 mg
Histidine 377 mg
Isoleucine† 1291 mg
Leucine† 2008 mg
Lysine* 1578 mg
Methionine* 394 mg
Phenylalanine* 556 mg
Proline 1399 mg
Serine 950 mg
Threonine* 1435 mg
Tryptophan* 341 mg
Tyrosine 574 mg
Valine*† 1130 mg

Provides ALL the Essential and Branch Chain Amino Acids, plus all other naturally occurring amino acids.

† Branch Chain Amino Acid
* Essential Amino Acid

V3

Supplement Facts

Serving Size: 1 pack (25g)
Servings Per Container: 1

