

Strawberry Supreme

ENERGYFIRST®

PROENERGY®

FEEL THE DIFFERENCE®

100% NATURAL
WHEY PROTEIN ISOLATE

- ✓

Best Tasting - Easy To Mix
- ✓

Zero Sugars - Flavored With Stevia
- ✓

Non-GMO - Lactose Free - Gluten Free
- ✓

Promotes Fat Burning & Stable Blood Sugar
- ✓

From Grass Fed Cows NOT Treated With rBGH

Dietary Supplement - Net Weight: 25g



Visit www.energyfirst.com or call 888-88-ENERGY

EnergyFirst® Shake Recipe

- Recommended serving of ProEnergy®
- 1 tbsp. OmegaEnergy® Oil or
- 1/4 cup OmegaEnergy® Mix
- 1/2-1 cup fresh or frozen (unsweet) fruit
- 1 scoop Greenery™
- 1-3 cups pure water or other liquid

Drink an EnergyFirst Shake for breakfast, after a workout, or anytime as a meal replacement!

Contains NONE of the following

- NO Artificial Ingredients
- NO Casein
- NO Cholesterol
- NO Denatured Proteins
- NO Fructose
- NO Gluten
- NO GMO
- NO Heat Processing
- NO Ion Exchange Whey
- NO MSG
- NO Soy
- NO Sucralose
- NO Whey Concentrate

Contains milk.

Cold-processed grass fed rBGH Free whey protein isolate, Natural flavors, Guar Gum, Organic strawberry flavor, Lecithin (from non-GMO sunflower seeds), Citric acid, Red beet, Stevia leaf extract.

INGREDIENTS:

DIRECTIONS: Add 1 scoop of powder to 1 cup of cold water or other liquid. Stir or blend until smooth.

* Percent Daily Values are based on a 2000 calorie diet.
† Daily value not established.

Amount per Serving	% Daily Value*
Calories	90
Calories from fat	0
Total Fat	0 g
Saturated fat	0 g
Trans fat	0 g
Cholesterol	0 mg
Sodium	50 mg
Total Carbohydrates	2 g
Dietary fiber	0 g
Sugars	0 g
Protein	20 g
Calcium	99 mg
Potassium	140 mg
	4%

Provides ALL the Essential and Branch Chain Amino Acids, plus all other naturally occurring amino acids.

† Branch Chain Amino Acid

* Essential Amino Acid

Alanine	977 mg
Arginine	406 mg
Aspartate	2195 mg
Cysteine	498 mg
Glutamine	3486 mg
Glycine	314 mg
Histidine	387 mg
Isoleucine†	1328 mg
Leucine†	2065 mg
Lysine*	1623 mg
Methionine*	406 mg
Phenylalanine*	572 mg
Proline	1438 mg
Serine	977 mg
Threonine*	1475 mg
Tryptophan*	350 mg
Tyrosine	590 mg
Valine*	1162 mg

Typical Amino Acid Profile per 25g:

Safe for
Lactose
Intolerant

Supplement Facts
Serving Size: 1 pack (25g)
Servings Per Container: 1