

CHOCOLATE DECADENCE

ENERGYFIRST®

PROENERGY®

FEEL THE DIFFERENCE®

100% NATURAL WHEY PROTEIN ISOLATE

- ✓ **Best Tasting - Easy To Mix**
- ✓ **<1g of Sugar - Flavored With Stevia**
- ✓ **Non-GMO - Lactose Free - Gluten Free**
- ✓ **Promotes Fat Burning & Stable Blood Sugar**
- ✓ **From Grass Fed Cows NOT Treated With rBGH**

Dietary Supplement - Net Weight: 25g

Visit www.energyfirst.com or call 888-88-ENERGY

- Recommended serving of ProEnergy®
- 1 tbsp. OmegaEnergy® Oil or
- 1/4 cup OmegaEnergy® Mix
- 1/2-1 cup fresh or frozen (unsweet) fruit
- 1 scoop GreenEnergy™
- 1-3 cups pure water or other liquid

EnergyFirst® Shake Recipe

Drink an EnergyFirst Shake for breakfast, after a workout, or anytime as a meal replacement!

- NO Artificial Ingredients
- NO Casein
- NO Cholesterol
- NO Denatured Proteins
- NO Fructose
- NO Gluten
- NO GMO
- NO Heat Processing
- NO Ion Exchange Whey
- NO MSG
- NO Soy
- NO Sucralose
- NO Whey Concentrate

Contains **NONE** of the following

Contains milk.

Cold-processed grass-fed rBGH Free whey protein isolate, Cocoa, Natural flavors, Guar gum, Lecithin (from non-GMO sunflower seeds), Stevia leaf extract.

INGREDIENTS:

Add 1 scoop of powder to 1 cup of cold water or other liquid. Stir or blend until smooth.

DIRECTIONS:

* Percent Daily Values are based on a 2000 calorie diet.

† Daily value not established.

Amount per Serving	% Daily Value*
Calories	90
Calories from fat	0
Total Fat	0 g
Saturated fat	0 g
Trans fat	0 g
Cholesterol	0 mg
Sodium	45 mg
Total Carbohydrates	2 g
Dietary fiber	1 g
Sugars	1 g
Protein	20 g
Calcium	96 mg
Potassium	160 mg
	5%

Alanine	948 mg
Arginine	394 mg
Aspartate	2129 mg
Cysteine	483 mg
Glutamine	3381 mg
Glycine	304 mg
Histidine	376 mg
Isoleucine†	1288 mg
Leucine†	2004 mg
Lysine*	1574 mg
Methionine*	394 mg
Phenylalanine*	555 mg
Proline	1395 mg
Serine	948 mg
Threonine*	1431 mg
Tryptophan*	340 mg
Tyrosine	573 mg
Valine†	1127 mg
Provides ALL the Essential and Branch Chain Amino Acids, plus all other naturally occurring amino acids.	
† Branch Chain Amino Acid	
* Essential Amino Acid	
V3	

Typical Amino Acid Profile per 25g:

Supplement Facts

Serving Size: 1 pack (25g)
Servings Per Container: 1

Safe for
Lactose
Intolerant