

Barlean's Fresh Catch® Fish Oil

is a pure and pristine source of ultra-purified, pharmaceutical-grade fish oil in natural triglyceride form.

- Free of Mercury and other Heavy Metals
- Free of PCBs and other Contaminants
- Non-GMO, Gluten Free

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TO A BETTER LIFE:**

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FRESHNESS DATING



PRODUCT OF U.S.A.



PHARMACEUTICAL
GRADE

ULTRA-PURIFIED
NON-GMO

Fresh Catch®

FISH OIL SUPPLEMENT

OMEGA-3 EPA/DHA

250 Softgels

ORANGE FLAVOR

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 125 Servings

	Amount Per Serving	% Daily Value
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Saturated Fat	0 g	0%*
Polyunsaturated Fat	1 g	†
Monounsaturated Fat	1 g	†
Cholesterol	10 mg	3%
Vitamin E	2 IU	6%

Omega-3 Polyunsaturated Fat:

Eicosapentaenoic Acid (EPA)	360 mg	†
Docosahexaenoic Acid (DHA)	240 mg	†
Other Omega-3 Fatty Acids	80 mg	†

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

INGREDIENTS: Fish oil (Anchovy, Sardine and/or Mackerel), softgel (gelatin, glycerine, water, sorbitol sorbitan solution, and caramel color), natural citrus flavors, and antioxidant blend (lecithin (sunflower and soy), sunflower oil, canola oil, natural mixed tocopherols, rosemary extract, ascorbyl palmitate, ascorbic acid, and citric acid).

SUGGESTED USE: 2-6 softgels daily with a meal. Keep bottle tightly closed. Store in a cool, dry place out of reach of children.