Directions: Take 1 Serving (4 capsules) one time per day, preferably first thing in the morning.

WARNING: NOT FOR USE BY INDIVIDUAL S LINDER THE AGE OF 18 YEARS DO NOT USE IF PREGNANT OR NURSING. Consult a Physician before using this or any product if you have, or have a family history of, including but not limited to high blood pressure, cardiac arrhythmias, heart, liver, kidney, thyroid, or psychiatric disease, pheochromocytoma, diabetes, asthma, recurrent headaches, anemia, nervousness, anxiety, depression or other psychiatric condition, peptic ulcers, Parkinson's disease, glaucoma, difficulty in unnating, prostate enlargement, or seizure disorder, or if you are using a monoamine oxidase inhibitor (MAOI) or any other dietary supplement. prescription drug, or over-the-counter drug containing ephedrine. pseudoephedrine, or phenylpropanolamine (ingredients found in certain allergy, asthma, cough or cold, and weight control products). Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects, including heart attack and stroke. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, severe headache. shortness of breath, or other similar symptoms.

KEEP OUT OF REACH OF CHILDREN | Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease





SUPPLEMENT FACTS

Serving Size: 4 Capsules Servings Per Container: 30

Amount Per Serving

D-Aspartic Acid † Daily Value not established.

Other Ingredients: Gelatin (capsule shell) and L-leucine.

