MuscLean differs from traditional weight gainers with a specific "muscle-targeted" approach to weight gain by rapidly increasing lean muscle mass while boosting metabolism providing a faster and more efficient way to add desired lean muscle.[1]

Dedicated to manufacturing high quality nutritional supplements, backed by scientific research and formulated by a medical doctor, Metabolic Nutrition® is the first to introduce a revolutionary lean "muscle" weight gainer designed with high protein, healthy essential fatty acids and carbohydrates so that it the only "Lean Muscle Weight Gainer of its kind in the marketplace. We introduce to you MuscLean - acclaimed by physicians, athletes and consumers alike. MuscLean's ground breaking formula stimulates lean muscle gain by positively optimizing your body's good hormones' (growth hormone & insulin) response to key macro+micro nutrients while eliminating the effects of catabolic bad hormones (cortisol).[1]

In scientific terms, the secret lies within the uniquely formulated composition and structure of MuscLean, which differentiates it from all the other typical high-carbohydrate/ sugar weight gainers.

- **MuscLean's** exceptional engineering process preserves the essential protein-peptide structure to improve its potency and effectiveness by encapsulating the protein with 7 of the most powerful and healthy essential fatty acids [rich in Omega 3,6,9 Fatty Acids] which are critical to preserving, stimulating and building lean muscle.[1]
- Additionally, **MuscLean's** protein molecules are coated with B specifically chosen digestive enzymes which dramatically increase digestion and enhance absorption, thereby eliminating gastric distress and bloating that is common with standard weight gainers.[1]
- To further enhance your results, **MuscLean** is fortified with 24 essential vitamins and minerals fueling additional muscle building, stress recovery, and immune boosting ingredients to enhance overall health and wellness.[1]

MuscLean is scientifically engineered for those looking to maximize their health and performance with an uncompromising demand for superior quality.

CAUTION: Do not exceed recommended dose. Not intended for use by persons under the age of 18, those with a medical condition, or those with a history of kidney disease. Do not use if pregnant or lactating. If you are under the care of a physician, please consult your physician before using this product. Do not use if tamper-resistant seal is broken. KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AND AVOID EXCESSIVE HEAT.

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Manufactured for & Distributed by
Metabolic Nutrition®, Tamarac, FL
For More Information
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www.metabolicnutrition.com

MADE IN USA

Elite™ to Elite®

Allergen Warning: Manufactured in a plant that also processes egg, yes, peanut, tree nut, fish, crustaceans/ shellfish, and wheat products.

Persons with mild to severe milk allergies should get protein from powder prior to consuming this product. Product contains whey and milk proteins.

[1] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MuscLean

LEAN MUSCLE WEIGHT GAINER®

physician formulated

Metabolic NUTRITION

Chocolate Milkshake

- Superior Muscle Building Formula[1] – Formulated For "Hard Gainers"
- Builds Lean Muscle & Accelerates Metabolism[1]
- Perfect for Keto Dieting[1], Pre-Contest Prep & Re-feed Cycles
- Satisfies Hunger and Food Cravings[1] with Delicious Milkshake Flavor
- Low Carbohydrates, Low Sugar, Low Glycemic Index
- Zero Lactose, Zero Aspartame, Zero Trans Fat, Gluten Free

25 SERVINGS

HIGH PROTEIN

NET WT. 2.5LB
DIETARY SUPPLEMENT

MuscLean is changing the game on traditional weight gainers. Metabolic Nutrition recognizes that lists not "weight" that you want to gain. Rather, you desire to develop lean, hard muscle, all the while, minimizing the accumulation of fat. While traditional weight gainers simply pack on the pounds with simply carbohydrate sugar, **MuscLean** takes a holistic approach to weight gain by using a specially engineered and nutrient-dense blend to help you increase lean muscle mass, gain muscle weight, improve metabolic functioning, increase strength, while minimizing body fat with a clean calorically dense formula that has very little carbohydrates! **MuscLean** stimulates muscle development greater than any other weight gainer[1], making it a critical must have supplement to all consumers who are looking to preserve or maximize their lean muscle mass.

Directions and Use:

MAINTENANCE
As part of a muscle maintenance solution, add 1 – 2 scoops of **MuscLean** to 8-12oz of cold water and shake or mix. For maximum results consume **MuscLean** once daily as a part of your healthy diet and training regimen.

WEIGHT-LIFTING
As part of a weightlifting or strength and conditioning routine, add 2-3 scoops of **MuscLean** to 12-16oz of cold water and shake or mix. For maximum results consume **MuscLean** twice daily, immediately following exercise and later evening before bedtime.

WEIGHT GAINER
As part of a weight gainer or bodybuilding program add 3 scoops of **MuscLean** to 16oz, of cold water and shake or mix. For maximum results consume **MuscLean** 2-3 times daily in between regular meals. 3 tbsp servings per day will deliver over 180 grams of healthy, clean protein and all the nutrients you need to build solid muscle.

Nutritional Facts

CHOOSE YOUR GOAL

Serving size - Servings per container	MAINTENANCE 2 Scoops (41 g) 25		WEIGHTLIFTING 3 Scoops (61 g) 17		WEIGHT GAINER 3 Scoops (139 g) 8	
Amount Per Serving	**% Daily Value**		**% Daily Value**		**% Daily Value**	
Calories (kcal)	130		230		554	
Calories (from fat)	130		252		378	
Total Fat	14 g	21%	28 g	42%	42 g	65%
Saturated Fat	0 g		5 g		8 g	
Trans Fat	0 g		0 g		0 g	
Cholesterol	28 mg	9%	56 mg	19%	84 mg	28%
Sodium	24 mg	1%	48 mg	2%	72 mg	3%
Potassium	150 mg	4%	300 mg	8%	450 mg	12%
Total Carbohydrates	1 g		2 g		3 g	
Fiber	0 g	12%	0 g	24%	0 g	36%
Sugar	0 g		0 g		0 g	
Protein	20 g	40%	40 g	80%	60 g	120%

VITAMINS & MINERALS PROFILE PER SCOOP

Vitamins	24 Vitamins	100%	Iron	100%	Zinc	100%
Vitamin B-6	30%	Pantothenic Acid	30%	Iodine	30%
Biotin	30%	Riboflavin	30%	Vitamin K	30%
Chromium	30%	Thiamin	30%	Manganese	30%
Vitamin C	30%	Vitamin B-12	30%	Niacin	30%
Folic Acid	30%	Vitamin D	30%	Phosphorus	30%
Vitamin A	30%	Calcium	30%	Selenium	30%
Magnesium	30%	Copper	30%	Zinc	30%

AMINO ACIDS PROFILE PER SCOOP

Alanine	1,000 mg	Glycine	1,000 mg	Proline	1,158 mg
Aspartic Acid	2,158 mg	Threonine	1,453 mg	Lysine	1,905 mg
Glutamine	1,905 mg	Tyrosine	363 mg	Phenylalanine	816 mg
Histidine	453 mg	Arginine	425 mg	Serine	816 mg
Methionine	2,205 mg	Valine	1,158 mg	Tryptophan	425 mg
Isoleucine	1,158 mg	Leucine	453 mg	Cystine	425 mg

Ingredients: A proprietary blend of Ultra Pre-microfiltered enzymatically hydrolyzed whey protein isolate and whey protein concentrate, Maltodextrin, Natural Flavors, Sucralose, Acesulfame Potassium, Soy Lecithin, Xanthan Gum, Guar Gum, Sea Salt, Vitamin A Palmitate, Vitamin C (Ascorbic Acid), Vitamin D3 (Cholecalciferol), Vitamin E (Dl-Alpha Tocopherol), Vitamin K2 (Menaquinone-7), Thiamin (Vitamin B1), Riboflavin (Vitamin B2), Niacinamide, Vitamin B6 (Pyridoxine Hydrochloride), Folate (Folic Acid), Vitamin B12 (Cyanocobalamin), Biotin, Pantothenic Acid (Calcium D-Pantothenate), Chromium Chloride, Potassium Iodide, Sodium Selenite, Copper (Cupric Oxide), Manganese (Manganese Sulfate), Zinc (Zinc Oxide), Calcium (Calcium Carbonate), Magnesium (Magnesium Oxide), Phosphorus (Dicalcium Phosphate), Potassium (Potassium Citrate), Cellulose, Low Fat Cocoa Powder, Lecithin, Natural Chocolate Flavor, Natural Vanilla Flavor, Natural Strawberry Flavor. **Allergen Warning:** Milk, Soy, Egg, Fish, Shellfish, Tree Nuts, Peanuts, Wheat.