

PRODRENE™ is an all-in one complete power, endurance and muscle mass building powder with protein, carbohydrates, creatine, EFA's, Tongkat Ali, HMB, 5-Methyl-7-Methoxy-Isoflavone and more! Whey protein has long been considered the "Gold Standard" of protein for serious athletes who work hard to develop and sustain a lean, strong and well-defined physique. Research studies support this belief. Athletes need more protein in their diet, often as much as twice the recommended daily allowance. The protein they choose makes a difference and here are several reasons why whey protein is a preferred choice for athletes of all types. PRODRENE™ contains a pure, "Instantized" whey protein processed through a series of low-temperature micro- and ultra-filtration steps, producing the cleanest, most intact form of whey protein from any single source. PRODRENE™ is unsurpassed as a source of the essential amino acids required in the daily diet. Essential amino acids are the building blocks for healthy muscles, skin, nails and other body tissue.

**Key features:**

- Low in fat
- High in protein and complex carbohydrates
- All Natural Vanilla Flavor
- Fortified with creatine monohydrates and L-glutamine
- Contains a powerful complex that includes: EFA's, HMB, BCAA's , Deer Antler, Tongkat Ali, Rhodiola Rosea , Alpha Lipoic Acid , Octacosanol and 5-Methyl-7-Methoxy-Isoflavone.
- Contains Glucosamine & MSM for joint support

**How do I use PRODRENE™?:**

**SUGGESTED USE:** Take 1 to 2 scoops daily with water, juice or beverage of choice. Best if taken one hour before or after training. Store in a cool, dry place.

**NOTE:** KEEP OUT OF REACH OF CHILDREN DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. **ALLERGEN WARNING:** CONTAINS MILK (WHEY), SOY (LECITHIN), AND MAY CONTAIN SHELLFISH DERIVATIVES (GLUCOSAMINE). **CAUTION:** Not recommended for individuals with allergies to dairy products and should not be used by pregnant or nursing mothers or children under 18 years of age without the advice of a physician. This product is intended to supplement the diet with additional protein and should not be used as a meal replacement. Not for use as part of a weight loss program without the direct supervision of a health care professional. Excessive protein intake may result in impaired kidney function.



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# PRODRENE™

## COMPLETE POWER AND ENDURANCE

# 910 GRAMS

SPORT / FITNESS

▲ SIGNIFICANTLY IMPROVED RECOVERY ABILITY!

▲ MAXIMIZED PROTEIN UTILIZATION!

▲ DECREASED MUSCLE BREAKDOWN!

▲ INCREASED MUSCLE ENERGY AND POWER!

WHEY PROTEIN COMPLEX

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size 2 scoops (65 grams)

Amount Per Serving

| Calories: 210                             | Calories From Fat: 15 |       |
|-------------------------------------------|-----------------------|-------|
|                                           | Amount                | %DV   |
| Total Fat                                 | 2g                    | 2%    |
| Saturated Fat                             | 1g                    | 5%    |
| Trans Fat                                 | 0g                    | 0%    |
| Cholesterol                               | 47mg                  | 17%   |
| Sodium                                    | 93mg                  | 4%    |
| Total Carbohydrate                        | 28g                   | 9%    |
| Dietary Fiber                             | 0g                    | 0%    |
| Sugars                                    | 3g                    |       |
| Vitamin B-6 (as pyridoxine hydrochloride) | 25mg                  | 1250% |
| Magnesium (magnesium aspartate)           | 6.5mg                 | 2%    |
| Zinc (as zinc methionine)                 | 3.25mg                | 22%   |
| Protein                                   | 23g                   |       |
| Creatine Monohydrate                      | 5000mg                | *     |
| L-Glutamine                               | 2500mg                | *     |
| Cinnamon (herb powder)                    | 1000mg                | *     |
| Glucosamine Sulfate                       | 500mg                 | *     |
| MSM (Methylsulfonylmethane)               | 500mg                 | *     |
| HMB (calcium hydroxymethyl butyrate)      | 200mg                 | *     |
| Deer Antler                               | 100mg                 | *     |
| Tongkat Ali (powder)                      | 200mg                 | *     |
| 5-Methyl-7-Methoxy-Isoflavone             | 50mg                  | *     |
| Rhodiola Rosea (extract)                  | 50mg                  | *     |
| Alpha Lipoic Acid                         | 25mg                  | *     |
| Octacosanol                               | 500mcg                | *     |

| Calories: 210 | Calories From Fat: 15 |     |
|---------------|-----------------------|-----|
|               | Amount                | %DV |

**Branch Chain Amino Acid Complex:**

|                           |        |   |
|---------------------------|--------|---|
| Isoleucine (whey protein) | 1356mg | * |
| Leucine (whey protein)    | 2250mg | * |
| Valine (whey [protein])   | 1245mg | * |

**Essential Amino Acid Complex:**

|                              |        |   |
|------------------------------|--------|---|
| Arginine (whey protein)      | 643mg  | * |
| Histidine (whey protein)     | 394mg  | * |
| Lysine (whey protein)        | 1879mg | * |
| Methionine (whey protein)    | 546mg  | * |
| Phenylalanine (whey protein) | 743mg  | * |
| Threonine (whey protein)     | 1508mg | * |
| Tryptophan (whey protein)    | 503mg  | * |

**Additional Amino Acid Complex:**

|                              |        |   |
|------------------------------|--------|---|
| Alanine (whey protein)       | 1094mg | * |
| Aspartic Acid (whey protein) | 2296mg | * |
| Cystine (whey protein)       | 634mg  | * |
| Glutamic Acid( whey protein) | 4118mg | * |
| Glycine (L-glycine hcl)      | 394mg  | * |
| Proline (whey protein)       | 1290mg | * |
| Serine (whey protein)        | 1094mg | * |
| Tyrosine (whey protein)      | 657mg  | * |

**Essential Fatty Acid Complex:**

|                                               |       |   |
|-----------------------------------------------|-------|---|
| Alpha-Linoleic Acid (Omega-3)(flaxseed)       | 250mg | * |
| Linoleic Acid (Omega-6)(flaxseed)             | 62mg  | * |
| Oleic Acid (Omega-9)(flaxseed)                | 70mg  | * |
| Other Fatty Acids & Phytonutrients (flaxseed) | 36mg  | * |

Percent Daily Values are based on a 2,000 calorie Diet. \*Daily Value not established.

**Other Ingredients:** Instantized Whey Concentrate, Maltodextrin, lecithin, Natural Vanilla Flavor, and Sucralose

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.