

GNC

SAM-e 400

(s-adenosyl-methionine)

DIETARY SUPPLEMENT

*clinically proven benefits for mood and joint support
and healthy liver function**

400 mg

30 TABLETS

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**ENTERIC
COATED**

CODE 130911

KHG

A report published by the US Department of Health and Human Services suggest that SAM-e provides clinically significant health benefits for individuals seeking mood support (1600 mg daily), joint comfort and healthy liver function (1200 mg daily).^{*} SAM-e provides mood support, as well as, relief to joint discomfort, and these benefits are comparable to conventional therapies.^{*}

Directions For Adult Use Only: As a dietary supplement, take one tablet in the morning and one tablet in the afternoon for the first week. If after the first week the desired benefits are not achieved, then you may require a higher level of supplementation. Gradually increase the number of tablets up to four tablets in divided doses of two tablets (800 mg) throughout the day until benefits are achieved. **Do not exceed four tablets daily.**

Supplement Facts

Serving Size One Tablet

Amount Per Serving

SAM-e (S-adenosyl-methionine) (as Disulfate Monotosylate)	400 mg*
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* Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Methacrylic Acid Co-Polymer, Colloidal Silicon Dioxide, Magnesium Stearate, Triethyl Citrate, Stearic Acid, Citric Acid, Ascorbic Acid, Riboflavin.

WARNING: Do not use if pregnant or nursing. If you are taking prescription antidepressant medications, consult your physician before using this product. Individuals with bipolar (manic) depression should not use this product unless under medical supervision.

CAUTION: Do not use if tamper-evident printed foil seal over tablets is broken.

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For more information: 1-888-462-2548 [SHOP NOW @ GNC.COM](https://www.gnc.com)

Distributed by: General Nutrition Corporation, Pittsburgh, PA 15222, Made in the USA

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.