

Live Optimal™

**SUGGESTED USE:** Take a serving of 2-3 capsules in the morning, or as directed by a healthcare practitioner. Do not take more than 3 capsules per day.

Dopamine Brain Food™ is designed to promote the production of dopamine, a neurotransmitter essential to the central nervous system. Research suggests that the natural compounds in Dopamine Brain Food™ can improve attention and learning as well as movement and balance.†

**Warning:** Consult a healthcare practitioner before taking this or any nutritional supplement if you are pregnant/nursing, have or suspect a medical condition, are taking any medications (particularly MAOIs), or other non-Natural Stacks® dietary supplements. Phenylketonurics: Contains phenylalanine. Do not use if safety seal is broken or missing. Store in a cool dry place. **KEEP OUT OF REACH OF CHILDREN.**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



U.S.A. manufactured  
in a cGMP facility.

Formulated & Distributed By:

Natural Stacks, Inc.

16192 Coastal Highway, Lewes, DE 19958

www.NATURALSTACKS.com

1-855-NSTACKS • info@naturalstacks.com

**NS** NATURAL  
STACKS®

**DOPAMINE**  
FOR MENTAL ALERTNESS†

ALL NATURAL  
NEUROTRANSMITTER  
SUPPORT

60 VEGETARIAN CAPSULES  
DIETARY SUPPLEMENT

NO  
PRESER-  
VATIVES

NO  
ARTIFICIAL  
COLORS

NO  
SOY

NO  
GMO

## Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 20

Amount Per 3 Capsules	%DV
Vitamin C (Quali®-C ascorbic acid)	500 mg 833%
Vitamin B-6 (Pyridoxal-5-phosphate)	5 mg 250%
Folate (Quatrefolic® (6S)-5-methyltetrahydrofolate, glucosamine salt)	1 mg 250%
Vitamin B-12 (Methylcobalamin)	5 mg 83,333%
Selenium (L-Selenomethionine)	55 mcg 79%
L-Phenylalanine	500 mg *
L-Tyrosine	500 mg *
Trimethylglycine (TMG)	750 mg *

\*Daily Values (DV) not established

Other Ingredients: Vegetable capsule, cellulose, vegetable stearate, silica.

Quali-C

Quatrefolic®

Quali®-C is a registered trademark of DSM.

Quatrefolic® is a registered trademark of Gnosis S.p.A.



7 01698 82648 3

BRAIN FOOD