

Live Optimal™

SUGGESTED USE: Take 1-2 servings per day with water, or as directed by a healthcare practitioner.

BioCreatine™ provides the proven mental and physical benefits of creatine monohydrate plus the unique advantages of Himalayan Pink Salt and Fenugreek Seed Extract. Research suggests that these natural compounds can help transport creatine into the brain and body without having to consume simple carbohydrates. BioCreatine requires no loading or cycling and does not cause bloating.†

Certified Open Source by opensource-label.org.

Certified Paleo Friendly by The Paleo Foundation, Inc.

Warning: Not intended for use by pregnant or nursing women, or persons under the age of 18. Consult a healthcare practitioner before taking this or any nutritional supplement if you have or suspect a medical condition, are taking any medications, or other non-Natural Stacks® dietary supplements. Do not use if safety seal is broken or missing. Store in a cool dry place. **KEEP OUT OF REACH OF CHILDREN.**



U.S.A. manufactured
in a cGMP and NSF
certified facility.



FORMULATED & DISTRIBUTED BY: NATURAL STACKS INC.

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NATURAL
STACKS®

GERMAN
MICRONIZED

BioCREATINE™

WITH HIMALAYAN SALT & FENUGREEK

MENTAL & PHYSICAL ENDURANCE†

120 VEGETARIAN CAPSULES
DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 4 Capsules

Servings Per Container: 30

Amount Per 4 Capsules	%DV
Micronized Creatine Monohydrate	2,500 mg *
Fenugreek Extract (seed) (standardized to 50% fenusides)	450 mg *
Himalayan Pink Salt	250 mg *

*Daily Values (DV) not established

Other Ingredients: Vegetable capsule, ascorbyl palmitate, silica.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

