



1 serving 6-8 oz. shake well 1-3x daily

Suggested Use: Add 1 heaping scoop of Muscle Matrix with 6-8 ounces of cold water or beverage (milk, almond milk, rice milk, juice, etc.) and mix in a shaker cup. To make a creamy smoothie add 2-3 ice cubes and put in blender for 20-30 seconds. Vary the amount of liquid to meet your desired taste and consistency. Consume 1 scoop within 20 minutes after your workouts. Consume 1-3 servings daily as needed to satisfy your protein requirements. Do not use as a sole source of nutrition.

55%
FAST
RELEASE
WHEY PROTEIN ISOLATE

PROVIDES UP TO 4 HOURS SUSTAINED RELEASE PROTEIN

45%
SLOW
RELEASE
MICELLAR CASEIN

Each serving Muscle Matrix contains 30 grams of pure, complete protein derived solely from 55% fast digesting Whey Protein Isolate and 45% slow digesting Micellar Casein. This precise combination of proteins promotes positive nitrogen balance and elevates muscle protein synthesis for up to 4 continuous hours providing the perfect anabolic state for maximizing muscle growth and repair.

- NO WHEY CONCENTRATE

NO ION EXCHANGE WHEY

NO PROPRIETARY BLENDS

NO HIDDEN INGREDIENTS
- NO BANNED SUBSTANCES

NO DEXTROSE/MALTODEXTRIN

NO FILLERS, EXCIPIENTS or CREAMERS

<1 GRAM of FAT & SUGAR

HIGH CONCENTRATION OF BCAAs & AMINO ACIDS

Shown is the typical amino acid profile per serving which is derived solely from whey protein isolate and micellar casein. Absolutely no amino acids or other ingredients have been added to spike protein values.

Alanine.....	966	Lysine.....	2251
Arginine.....	725	Methionine.....	581
Aspartic Acid.....	2133	Phenylalanine.....	934
Cysteine.....	409	Proline.....	1967
Glutamic Acid.....	4807	Serine.....	1189
(Glutamine Precursor)		Threonine.....	1382
Glycine.....	512	Tryptophan.....	359
Histidine.....	532	Tyrosine.....	1046
Isoleucine**.....	1439	Valine.....	1413
Leucine**.....	2357		



** Branch Chain Amino Acids

NUTRABIO
WITHOUT COMPROMISE SINCE 1996

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NUTRABIO

HIGH PROTEIN | LOW CALORIE

MUSCLE MATRIX PROTEIN

COMPLETE PROTEIN MATRIX

MAXIMIZE Protein Synthesis+ BUILD & Repair Muscle+ 4-HOUR Sustained Release

2lb

Dietary Supplement
NetWt. 2 lb (907 grams)

MADE IN OUR
GMP
&
FDA
INSPECTED
FACILITY

25G
PROTEIN

110
CALORIES

5.2G
BCAAs

@D



BANANA

Supplement Facts

Serving size: 1 scoop (30 grams)
Servings per container: 30

Amount Per Serving	% Daily Value
Calories 110	
Calories from Fat 5	
Total Fat 0.5 g	1%*
Cholesterol 10 mg	3%*
Total Carbohydrate 1 g	<1%*
Sugars <1 g	†
Protein 25 g	50%*
Vitamin A 867 IU	17%*
Calcium 381 mg	38%*
Phosphorus 168 mg	17%*
Magnesium 12 mg	3%*
Sodium 42 mg	2%*
Potassium 118 mg	3%*

Whey Protein Isolate (non-denatured) 16.1 g †
(CFM cross flow micro and ultra-filtered WPI90. Cold processed. Instantized with sunflower lecithin. Yielding 14.3 g complete protein)

Micellar Casein (non-denatured) 13.2 g †
(Cold processed. Instantized with sunflower lecithin. Yielding 10.7 g complete protein)

Flavoring 671 mg †
(natural banana flavor 417 mg, xanthan gum 167 mg, beta carotene 50 mg, sucralose 37 mg)

* Percent Daily Values are based on a 2000 calorie diet.
† Daily Value not established.

OTHER INGREDIENTS: ABSOLUTELY NONE

Allergens: Milk, Kasher, Gluten Free, Soy Free, & BSE/TSE Free

This product is intended as a dietary supplement only. Do not use as a sole source of nutrition.

STORE IN A COOL DRY PLACE. SERVING SCOOP INCLUDED (MAY SETTLE TO THE BOTTOM DURING SHIPPING.)

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made in the USA.

Manufactured in our own FDA inspected cGMP facility complying with FDA 21 CFR Part 111 regulations. FDA Registration: 16906175560

FULL LABEL DISCLOSURE
NO PROPRIETARY BLENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE

