



1 serving

Mixed with favorite beverage

16+ oz.



shake well

1-4 servings based on protein needs

daily



**Suggested Use:** Consume 1-4 scoops depending on your calorie and protein requirements. For each scoop, add 4-6 ounces of cold water, milk or your favorite beverage to a shaker cup or blender and mix for 30-45 seconds. Vary the amount of liquid to meet your desired taste and consistency. Using nonfat milk instead of water will give you a thicker, creamier shake.

**Between Meals:** Consume between meals to maintain positive nitrogen balance and support a high-calorie diet.

**Post-Workout:** Consume 30 minutes following exercise to replenish glycogen and support maximum recovery.

HIGH CALORIE ENHANCED PEPTIDE EXTREME MASS GAINER PROTEIN

Extreme Mass uses a scientifically advanced protein formula that feeds your muscle with 53 grams of amino packed protein in a steady stream lasting up to 3 hours. 70% of the total protein comes from pure WPC 80 for quick absorption into muscle, and 30% comes from pure Micellar Casein for sustained release protein absorption.

NO INFERIOR PROTEINS

NO ION EXCHANGE WHEY

NO PROPRIETARY BLENDS

NO FILLERS or EXCIPIENTS

NO GLUTEN or SOY

NO TRANS FAT or DEXTROSE

NO HIDDEN INGREDIENTS

NO BANNED SUBSTANCES



HIGH CONCENTRATION OF BCAAs & AMINO ACIDS

Shown is the typical amino acid profile per serving which is derived from whey protein and micellar casein only. Absolutely no ingredients have been added to spike protein values.

| Essential Amino Acids (EAAs) |        | Conditionally Essential Amino Acids (CAAs) |        | Nonessential Amino Acids (NAAs) |        |
|------------------------------|--------|--------------------------------------------|--------|---------------------------------|--------|
| Tryptophan                   | 1443mg | Arginine                                   | 1469mg | Aspartic Acid                   | 4898mg |
| Valine **                    | 3223mg | Cysteine                                   | 55mg   | Serine                          | 2568mg |
| Threonine                    | 3111mg | Tyrosine                                   | 2034mg | Glycine                         | 1045mg |
| Isoleucine **                | 3263mg | Histidine                                  | 1149mg | Alanine                         | 2189mg |
| Leucine **                   | 5181mg | Proline                                    | 4041mg |                                 |        |
| Lysine                       | 4480mg | Glutamic Acid                              | 9790mg |                                 |        |
| Phenylalanine                | 1909mg | (Glutamine Precursor)                      |        |                                 |        |
| Methionine                   | 1150mg |                                            |        |                                 |        |

\*\* Branch Chain Amino Acids



Quality and purity since 1996. NutraBio manufactures in our own FDA registered & inspected GMP facility complying with FDA 21 CFR Part 111 regulations.

**MANUFACTURED IN OUR GMP & FDA INSPECTED FACILITY**

FDA Registration: 16906175560

NUTRABIO®

BUILD | REPAIR | GROW

EXTREME MASS

ADVANCED ANABOLIC MASS GAINER

- NO FILLERS
- NO EXCIPIENTS
- NO TRANS FAT

650 Calorie Clean Carb Formula.  
High Concentration of BCAAs.  
Complete Spectrum Amino Acid Profile.

18lbs



Dietary Supplement | Net Wt. 18lbs (8166 grams)



53G PROTEIN

11G BCAAs

NON-GMO



VANILLA

FULL LABEL DISCLOSURE

NO PROPRIETARY BLENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE

Supplement Facts

Serving size: 4 scoops (174.6 grams)  
Servings per container: 47

| Amount Per Serving                       | % Daily Value | Amount Per Serving                                                                                                                   | % Daily Value |
|------------------------------------------|---------------|--------------------------------------------------------------------------------------------------------------------------------------|---------------|
| Calories 660                             |               | Iron <1mg                                                                                                                            | 4%*           |
| Calories from Fat 50                     |               | Phosphorus (potassium phosphate) 407mg                                                                                               | 40%*          |
| Total Fat 6g                             | 9%*           | Iodine (potassium iodide) 201mcg                                                                                                     | 134%*         |
| Saturated Fat 4g                         | 20%*          | Magnesium (magnesium oxide) 126mg                                                                                                    | 32%*          |
| Cholesterol 115mg                        | 38%*          | Zinc (zinc citrate) 15mg                                                                                                             | 100%*         |
| Total Carbohydrate 101g                  | 34%*          | Selenium (selenium chelate) 70mcg                                                                                                    | 100%*         |
| Dietary Fiber 5g                         | 20%*          | Copper (copper oxide) 2mg                                                                                                            | 100%*         |
| Sugars 7g                                | †             | Chromium (chromium nicotinate chelate) 120mcg                                                                                        | 100%*         |
| Protein 53g                              | 106%*         | Sodium 175mg                                                                                                                         | 7%*           |
| Vitamin A (palmitate) 5031IU             | 100%*         | Potassium (potassium phosphate) 446mg                                                                                                | 13%*          |
| Vitamin C (ascorbic acid) 60mg           | 100%*         |                                                                                                                                      |               |
| Vitamin D (cholecalciferol) 400IU        | 100%*         | <b>Maltodextrin</b> (Long-Chain Polymetric Fraction) 93g                                                                             | †             |
| Vitamin E (dl-α-tocopheryl acetate) 30IU | 100%*         | <b>Whey Protein Concentrate</b> (WPC 80) (non-denatured) 47.7g                                                                       | †             |
| Vitamin K (phytonadione) 80mcg           | 100%*         | (CFM cross flow micro and ultra-filtered WPC80. Cold processed. Instantized with sunflower lecithin. Yielding 37g complete protein.) |               |
| Thiamin (thiamine mononitrate) 1.5mg     | 100%*         | <b>Micellar Casein</b> 19.8g                                                                                                         | †             |
| Riboflavin (Vitamin B2) 2.1mg            | 124%*         | (Cold processed. Instantized with sunflower lecithin. Yielding 16g complete protein.)                                                |               |
| Vitamin B3 (niacinamide) 20mg            | 100%*         | <b>MCT Powder</b> (Medium Chain Triglyceride Oil 50% / spray dried on maltodextrin) 4.5g                                             | †             |
| Vitamin B6 (pyridoxine HCl) 2mg          | 100%*         | <b>Digestive Resistant Maltodextrin</b> 5.4g                                                                                         | †             |
| Folic Acid 400mcg                        | 100%*         | <b>Flavor Profile</b> 3.5g                                                                                                           | †             |
| Vitamin B12 (methylcobalamin) 6mcg       | 100%*         | (natural vanilla flavor 3.4g, sucralose 85mg, salt 30mg)                                                                             |               |
| Biotin 300mcg                            | 100%*         |                                                                                                                                      |               |
| Pantothenic Acid (Vitamin B5) 10mg       | 100%*         |                                                                                                                                      |               |
| Calcium 690mg                            | 69%*          |                                                                                                                                      |               |

Other Ingredients: ABSOLUTELY NONE.

Allergens: Milk, Kosher, Non-GMO, Gluten Free, Soy Free, & BSE/TSE Free.

This product is intended as a dietary supplement only. Do not use as a sole source of nutrition.

STORE IN A COOL DRY PLACE. SERVING SCOOP INCLUDED (MAY SETTLE TO THE BOTTOM DURING SHIPPING.)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**NUTRABIO®**  
WITHOUT COMPROMISE SINCE 1996  
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