



1 serving

Mixed with favorite beverage

16+ oz.



shake well

1-4 servings based on protein needs

daily

**Suggested Use:** Consume 1-4 scoops depending on your calorie and protein requirements. For each scoop, add 4-6 ounces of cold water, milk or your favorite beverage to a shaker cup or blender and mix for 30-45 seconds. Vary the amount of liquid to meet your desired taste and consistency. Using nonfat milk instead of water will give you a thicker, creamier shake.

**Between Meals:** Consume between meals to maintain positive nitrogen balance and support a high-calorie diet.

**Post-Workout:** Consume 30 minutes following exercise to replenish glycogen and support maximum recovery.

HIGH CALORIE ENHANCED PEPTIDE EXTREME MASS GAINER PROTEIN

Extreme Mass uses a scientifically advanced protein formula that feeds your muscle with 53 grams of amino packed protein in a steady stream lasting up to 3 hours. 70% of the total protein comes from pure WPC 80 for quick absorption into muscle, and 30% comes from pure Micellar Casein for sustained release protein absorption.

- NO INFERIOR PROTEINS

NO ION EXCHANGE WHEY

NO PROPRIETARY BLENDS

NO FILLERS or EXCIPIENTS
- NO GLUTEN or SOY

NO TRANS FAT or DEXTROSE

NO HIDDEN INGREDIENTS

NO BANNED SUBSTANCES



HIGH CONCENTRATION OF BCAAs & AMINO ACIDS

Shown is the typical amino acid profile per serving which is derived from whey protein and micellar casein only. Absolutely no ingredients have been added to spike protein values.

Essential Amino Acids (EAAs)		Conditionally Essential Amino Acids (CAAs)		Nonessential Amino Acids (NAAs)	
Tryptophan	1443mg	Arginine	1469mg	Aspartic Acid	4898mg
Valine **	3223mg	Cysteine	55mg	Serine	2568mg
Threonine	3111mg	Tyrosine	2034mg	Glycine	1045mg
Isoleucine **	3263mg	Histidine	1149mg	Alanine	2189mg
Leucine **	5181mg	Proline	4041mg		
Lysine	4480mg	Glutamic Acid (Glutamine Precursor)	9790mg		
Phenylalanine	1909mg				
Methionine	1150mg				

\*\* Branch Chain Amino Acids



Quality and purity since 1996. NutraBio manufactures in our own FDA registered & inspected GMP facility complying with FDA 21 CFR Part 111 regulations.

**MANUFACTURED IN OUR GMP & FDA INSPECTED FACILITY**

FDA Registration: 16906175560

NUTRABIO

BUILD | REPAIR | GROW

EXTREME MASS

ADVANCED ANABOLIC MASS GAINER

- NO FILLERS

NO EXCIPIENTS

NO TRANS FAT
- 650 Calorie Clean Carb Formula.

High Concentration of BCAAs.

Complete Spectrum Amino Acid Profile.

6lbs



Dietary Supplement | Net Wt. 6lbs (2722 grams)



53G PROTEIN

11G BCAAs

NON-GMO



VANILLA

FULL LABEL DISCLOSURE

NO PROPRIETARY BLENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE

Supplement Facts

Serving size: 4 scoops (174.6 grams)  
Servings per container: 16

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 660		Iron <1mg	4%*
Calories from Fat 50		Phosphorus (potassium phosphate) 407mg	40%*
Total Fat 6g	9%*	Iodine (potassium iodide) 201mcg	134%*
Saturated Fat 4g	20%*	Magnesium (magnesium oxide) 126mg	32%*
Cholesterol 115mg	38%*	Zinc (zinc citrate) 15mg	100%*
Total Carbohydrate 101g	34%*	Selenium (selenium chelate) 70mcg	100%*
Dietary Fiber 5g	20%*	Copper (copper oxide) 2mg	100%*
Sugars 7g	†	Chromium (chromium nicotinate chelate) 120mcg	100%*
Protein 53g	106%*	Sodium 175mg	7%*
Vitamin A (palmitate) 5031IU	100%*	Potassium (potassium phosphate) 446mg	13%*
Vitamin C (ascorbic acid) 60mg	100%*		
Vitamin D (cholecalciferol) 400IU	100%*	Maltodextrin (Long-Chain Polymetric Fraction) 93g	†
Vitamin E (dl-α-tocopheryl acetate) 30IU	100%*	Whey Protein Concentrate (WPC 80) (non-denatured) 47.7g	†
Vitamin K (phytonadione) 80mcg	100%*	(CFM cross flow micro and ultra-filtered WPC80. Cold processed. Instantized with sunflower lecithin. Yielding 37g complete protein.)	
Thiamin (thiamine mononitrate) 1.5mg	100%*	Micellar Casein 19.8g	†
Riboflavin (Vitamin B2) 2.1mg	124%*	(Cold processed. Instantized with sunflower lecithin. Yielding 16g complete protein.)	
Vitamin B3 (niacinamide) 20mg	100%*	MCT Powder (Medium Chain Triglyceride Oil 50% / spray dried on maltodextrin) 4.5g	†
Vitamin B6 (pyridoxine HCl) 2mg	100%*	Digestive Resistant Maltodextrin 5.4g	†
Folic Acid 400mcg	100%*	Flavor Profile 3.5g	†
Vitamin B12 (methylcobalamin) 6mcg	100%*	(natural vanilla flavor 3.4g, sucralose 85mg, salt 30mg)	
Biotin 300mcg	100%*		
Pantothenic Acid (Vitamin B5) 10mg	100%*		
Calcium 690mg	69%*		

\* Percent Daily Values are based on a 2000 calorie diet.  
† Daily Value not established.

Other Ingredients: ABSOLUTELY NONE.

Allergens: Milk, Kosher, Non-GMO, Gluten Free, Soy Free, & BSE/TSE Free.

This product is intended as a dietary supplement only. Do not use as a sole source of nutrition.

STORE IN A COOL DRY PLACE. SERVING SCOOP INCLUDED (MAY SETTLE TO THE BOTTOM DURING SHIPPING.)

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**NUTRABIO**  
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