





Suggested Use: Take NutraBio Casein before bed and/or between meals when slow digesting protein is desired. Add 1 scoop with 8 ounces of cold water or your favorite beverage to a shaker cup or blender and mix for 25-30 seconds. Vary the amount of liquid to meet your desired taste and consistency. Drink 1-3 servings daily as needed to satisfy your protein requirements. Using nonfat milk instead of water will give you a thicker, creamier shake.

Micellar Casein has a slow absorption rate into the bloodstream, which provides a steady stream of amino acids to muscle cells lasting 4-6 hours. This ensures positive nitrogen retention in muscles for much longer periods compared to whey protein. Casein is best taken at night or in combination with whey protein isolate after workouts to help provide sustained amino acid delivery during the two most crucial times of muscle growth: during sleep and post-training.

NO INFERIOR CASEINATE

NO ADDED SUGARS

NO GLUTEN or BSE/TSE

NO DEXTROSE/MALTODEXTRIN NO BANNED SUBSTANCES

NO FILLERS or EXCIPIENTS

NO HIDDEN INGREDIENTS

NO PROPRIETARY BLENDS

Shown is the typical amino acid profile per serving which is derived from micellar casein only. Absolutely no ingredients have been added to spike protein values.

Essent	ial	
Amino	Acids	(EAAs)

Allillo Acida (LAAa)		
Tryptophan	340mg	
Valine**	1512mg	
Threonine	1019mg	
Isoleucine**	1265mg	
Leucine**	2253mg	
Lysine	1975mg	
Phenylalanine	1173ma	

Conditionally Essential Nonessential Amino Acids (CAAs) Amino Acids (NAAs)

, , (5,		
Arginine	895mg	
Cysteine	247mg	
Tyrosine	1265mg	
Histidine	648mg	
Proline	2346mg	
Clutomio Aoid	E021mg	

Aspartic Acid	1790mg
Serine	1296mg
Glycine	463mg
Alanine	772mg

** Branch Chain Amino Acids



complying with FDA 21 CFF

Quality and purity since 1996. MANUFACTURED IN OUR **INSPECTED FACILITY**

FDA Registration: 16906175560

BUILD | REPAIR | RECOVER

SLOW DIGESTING PROTELN

NO FILLERS

NO EXCIPIENTS

Slow Digesting Anti-Catabolic Protein.

Ultimate Nighttime Protein.

High Concentration of BCAAs.





MADE IN OUR

GMP

FDA

INSPECTED FACILITY

NON-GMO

Supplement Facts

Serving size: 1 scoop (34 grams) Servings per container: 67

	6 Daily Value
Calories 120	
Calories from Fat 10	
Total Fat 1g	1%*
Saturated Fat 0.5g	3%*
Cholesterol 15mg	5%*
Total Carbohydrate 3g	1%*
Dietary Fiber <1g	3%*
Sugars 1g	†
Protein 25g	50%*
Calcium 700mg	70%*
Iron 0.5mg	3%*
Sodium 75mg	3%*
Potassium 110mg	3%*
Micellar Casein (non-denatured) 30.9g (Cold processed. Instantized with sunflower lecithin.)	
Flavoring 3.1g	†

natural cocoa powder 2.4g, natural & artificial chocolate flavor 470mg, salt 110mg, xanthan gum 100mg, sucralose 70mg)

Percent Daily Values are based on a 2000 calorie diet † Daily Value not established.

OTHER INGREDIENTS: ABSOLUTELY NONE

Kosher, Non-GMO, Gluten Free, Soy Free & BSE/TSE Free.

This product is intended as a dietary supplement only. Do not use as a sole source of nutrition.

STORE IN A COOL DRY PLACE. SERVING SCOOP INCLUDED MAY SETTLE TO THE BOTTOM DURING SHIPPING.)

nese statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose reat, cure or prevent any disease

NUTRABIO

HOUT COMPROMISE SINCE 1996

Manufactured by NutraBio Labs, Inc. 564 Lincoln Blvd., Middlesex, NJ 08846 (732-748-8606) WWW.NUTRABIO.COM



