



Mixed with favorite beverage

8 oz.



1-3 servings based on protein needs



**Suggested Use:** Take NutraBio Casein before bed and/or between meals when slow digesting protein is desired. Add 1 scoop with 8 ounces of cold water or your favorite beverage to a shaker cup or blender and mix for 25-30 seconds. Vary the amount of liquid to meet your desired taste and consistency. Drink 1-3 servings daily as needed to satisfy your protein requirements. Using nonfat milk instead of water will give you a thicker, creamier shake.

### SUSTAINED RELEASE FOR PROLONGED AMINO ACID DELIVERY.

Micellar Casein has a slow absorption rate into the bloodstream, which provides a steady stream of amino acids to muscle cells lasting 4-6 hours. This ensures positive nitrogen retention in muscles for much longer periods compared to whey protein. Casein is best taken at night or in combination with whey protein isolate after workouts to help provide sustained amino acid delivery during the two most crucial times of muscle growth: during sleep and post-training.

NO INFERIOR CASEINATE	NO FILLERS or EXCIPIENTS
NO ADDED SUGARS	NO PROPRIETARY BLENDS
NO GLUTEN or BSE/TSE	NO HIDDEN INGREDIENTS
NO DEXTROSE/MALTODEXTRIN	NO BANNED SUBSTANCES



### HIGH CONCENTRATION OF BCAAs & AMINO ACIDS

Shown is the typical amino acid profile per serving which is derived from micellar casein only. Absolutely no ingredients have been added to spike protein values.

Essential Amino Acids (EAAs)	Conditionally Essential Amino Acids (CAAs)	Nonessential Amino Acids (NAAs)	
Tryptophan	340mg	Arginine	895mg
Valine**	1512mg	Cysteine	247mg
Threonine	1019mg	Tyrosine	1265mg
Isoleucine**	1265mg	Histidine	648mg
Leucine**	2253mg	Proline	2346mg
Lysine	1975mg	Glutamic Acid (Glutamine Precursor)	5031mg
Phenylalanine	1173mg		
Methionine	710mg		

\*\* Branch Chain Amino Acids



Quality and purity since 1996. NutraBio manufactures in our own FDA registered & inspected GMP facility complying with FDA 21 CFR Part 111 regulations.

**MANUFACTURED IN OUR GMP & FDA INSPECTED FACILITY**

FDA Registration: 16906175560

# NUTRABIO®

## BUILD | REPAIR | RECOVER

# 100% MICELLAR CASEIN

### SLOW DIGESTING PROTEIN

**NO FILLERS**

**NO EXCIPIENTS**

**NO ADDITIVES**  
(except flavoring)

**Slow Digesting Anti-Catabolic Protein.**

**Ultimate Nighttime Protein**

**High Concentration of BCAAs**

# 5 lbs

**TRUELABEL**  
FULL LABEL DISCLOSURE™

Dietary Supplement | Net Wt. 2lbs (2268 grams)

MADE IN OUR  
**GMP**  
&  
**FDA**  
INSPECTED  
FACILITY

**25G**  
PROTEIN  
**5G**  
BCAAs

NON-GMO  
①D

Micellar Casein (non-denatured) 30.9g  
(Cold processed. Instantized with sunflower lecithin.)

\* Percent Daily Values are based on a 2000 calorie diet.

† Daily Value not established.

OTHER INGREDIENTS: ABSOLUTELY NONE

Allergens: Milk.  
Kosher, Non-GMO, Gluten Free, Soy Free & BSE/TSE Free.

STORE IN COOL DRY PLACE. SERVING SCOOP INCLUDED (MAY SETTLE TO THE BOTTOM DURING SHIPPING.)

This product is intended as a dietary supplement only. Do not use as a sole source of nutrition.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**NUTRABIO®**  
WITHOUT COMPROMISE SINCE 1996

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**FULL LABEL DISCLOSURE**  
NO PROPRIETARY BLENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE