

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT
PLEASE RECYCLE

Recommendations

1 to 2 capsules 2 to 3 times a day
with food, or as directed by your
healthcare professional.

Warning

If pregnant, consult your
physician before taking.

CONTAINS NO HYDROGENATED OIL,
ARTIFICIAL COLORING OR PRESERVATIVES.

**Triple Molecular Distilled
Product of Norway**

Independently tested for Dual Rancidity
(Peroxides & Anisidines), Mercury, Lead,
Arsenic, Cadmium, EPA and DHA levels,
PCBs, Dioxin and Dioxin like compounds,
stability and bacteria, yeast and mold counts.


VITAL
NUTRIENTS

LEMON
FLAVOR



**Ultra Pure
Fish Oil**
Pharmaceutical Grade
430mg/290mg



DIETARY SUPPLEMENT

90 CAPSULES

Supplement Facts

serving size: 1 capsule • servings per container: 90

	amount per serving	% daily value
Calories	15	
Calories from Fat	15	
Total Fat	1.5g	2%†
Polyunsaturated Fat	1g	*
Cholesterol	<5mg	<2%†
Ultra Pure Fish Oil	1430mg	*
EPA (eicosapentaenoic acid)	430mg	*
DHA (docosahexaenoic acid)	290mg	*
Other Omega 3 Fatty Acids	80mg	*

† Percent Daily Values based on a 2000 calorie diet

* Daily Value not established

Other Ingredients: Gelatin, Glycerin, Purified Water,
Natural Lemon Flavor, Antioxidant Blend (Natural Mixed
Tocopherols, Rosemary Leaf Extract, and Ascorbyl
Palmitate).

Contains Fish: (anchovy, sardine, mackerel)

manufactured for
VITAL NUTRIENTS
45 KENNETH DOOLEY DRIVE
MIDDLETOWN, CT 06457 USA