

PHARMANEX® STANDARD: NightTime Formula with Theanine is an exclusive preparation of high-quality extracts including Valerian, standardized to 0.8% valerenic acid, and Passion Flower, standardized to 4% flavonoids.

RECOMMENDED ADULT USE: NightTime Formula with Theanine promotes a restful night's sleep without making you feel tired or run-down in the morning.*

DIRECTIONS FOR USE: Take one (1) to two (2) capsules with eight (8) ounces of liquid 30 minutes before bedtime for the relief of occasional sleeplessness.*

WARNINGS: For use beyond 4 weeks, consult a healthcare professional. This product is not intended for children. Keep out of reach of children. If you are pregnant or lactating, or taking a prescription medication, consult a physician prior to use. This product is not recommended for use when driving or operating machinery. The scent of this botanical blend is characteristic of Valerian extract.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Do not use if safety seal is broken or missing.

Batch No.:

Exp. Date:

DIETARY SUPPLEMENT

NightTime with Theanine FORMULA

**Promotes a Restful
Night's Sleep**

 PHARMANEX®

60 CAPSULES

Supplement Facts

Serving Size 2 Capsules

Amount Per Serving	% Daily Value	
Valerian (<i>Valeriana officinalis</i> L.) Root Extract	150 mg	*
Passion Flower (<i>Passiflora incarnata</i>) Extract	75 mg	*
Hops (<i>Humulus lupulus</i> L.) Strobile Powder	50 mg	*
Chamomile Flower (<i>Matricaria recutita</i> L.) Powder	50 mg	*
Lemon Balm (<i>Melissa officinalis</i>) Leaf Powder	50 mg	*
Green Tea (<i>Camellia sinensis</i>) Leaf Extract	143 mg	*
with L-Theanine		
Melatonin	1 mg	*

* Daily Value not established

Other Ingredients: Gelatin, Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide.

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 **QUALITY**

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