

FOR YOUR PROTECTION,
DO NOT USE IF SEAL
UNDER CAP IS BROKEN
OR MISSING.

108234

NOT FOR INDIVIDUAL SALE.
SOLD AS PART OF A TWIN PACK.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SPRING VALLEY™

Iron

65 mg
325 mg Ferrous Sulfate♦
DIETARY SUPPLEMENT



GENERAL WELLNESS*

Iron is an essential mineral that supports
normal red blood cell formation.*

100 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Iron	65 mg
(as Ferrous Sulfate)	361%

INGREDIENTS: Dried Ferrous Sulfate 205 mg (equivalent to 325 mg Liquid Ferrous Sulfate which provides 65 mg elemental Iron per tablet), Cellulose (Plant Origin), Croscovidone, Cellulose Coating, Croscarmellose. **Contains <2% of:** FD&C Blue #1 Lake, FD&C Yellow #6 Lake, Silica, Titanium Dioxide Color, Vegetable Magnesium Stearate.

DISTRIBUTED BY:
Wal-Mart Stores, Inc.,
Bentonville, AR 72716
PRODUCT OF GERMANY

SUGGESTED USE: Adults, take one tablet daily, preferably with a meal and drink plenty of fluids.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

Store at room temperature 59°-86°F (15°- 30°C). Keep bottle tightly closed.

• **QUALITY GUARANTEED** •

For questions or comments call
1-866-251-1662.
Walmart.com/springvalley

Item No. 71383
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FRESHNESS AND POTENCY GUARANTEED THROUGHOUT