## LifePak® PreNatal

FORMULATED ESPECIALLY FOR LACTATING AND PREGNANT WOMEN.

- 1. Provides full-spectrum nutritional support for mom and baby\*
- 2. Provides the right balance of nutrients to help prevent potential complications of inadequate nutrition\*
- 3. Delivers comprehensive bone and cardiovascular support\*
- 4. Offers superior cell protection against damaging free radical attacks\*
- 5. Formulated for optimum tolerance and safety\*

LifePak PreNatal features a careful balance of ingredients that considers the various interactive and synergistic relationships between nutrients.

#### WHY YOU SHOULD TAKE LIFEPAK PRENATAL:

- It provides high, but safe levels of antioxidant vitamins C and E
- It provides 800 mcg of folate per day. Adequate folate in healthful diets may reduce the risk of having a child with a brain or spinal cord birth defect
- It provides natural carotenoids, including beta carotene, lutein, and lycopene to neutralize free radicals
- It provides 650 mg of calcium and 350 mg of magnesium daily for proper bone health
- It provides 30 mg of iron per day to support increased blood volume
- It provides chelated zinc and other minerals that are easy on the digestive tract

Supplement your way to childbirth with LifePak PreNatal.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

# LifePak® PreNatal

LifePak PreNatal is an optimal dietary supplement designed to help meet the basic and specific nutrient requirements for pregnant and lactating women.

The many health benefits of LifePak PreNatal include supporting normal hormone function, supporting normal blood flow, and promoting neural tube health in developing babies.

RECOMMENDED ADULT USE—TWO PACKETS DAILY: Take the contents of one (1) LifePak PreNatal packet with eight (8) ounces of liquid with your morning and evening meals. Discontinue 2 weeks prior to and after surgery. Discontinue use and consult a physician if any adverse reactions occur.

Do not use if shrink-wrap is damaged or missing, or if packet is broken. Store in a cool, dry place.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. Pregnant or lactating women, diabetics, hypoglycemics, and people with known medical conditions should consult with a physician prior to taking supplements.

GUARANTEE: No added sugar, salt, wheat, yeast, or dairy products. No preservatives, artificial colors, or flavors. LifePak Prenatal is gluten free.

LifePak PreNatal conforms to the current USP requirements for disintegration for oil and water-soluble vitamins and mineral capsules.



BATCH NO .:

EXP:



# LifePak® PreNatal

Optimally formulated for pregnant or lactating women\*



### **Supplement Facts**

Serving Size 1 Packet

Amount per Packet	% Daily	/ Value	Amount per Packet
Vitamin A (50% as Beta Carotene (2500 IU)	5000 IU	100%	Magnesium (as Magnesium Aspartate,
from Dunaliella salina, and Vitamin A Palm	itate)		Magnesium Oxide, Magnesium Glycinate)
Vitamin C (as Calcium Ascorbate)	150 mg	250%	Zinc (as Zinc Bisglycinate)
Vitamin D (as Cholecalciferol)	200 IU	50%	Copper (as Copper Bisglycinate)
Vitamin E (as D-Alpha Tocopheryl Succinate)	75 IU	250%	Manganese (as Manganese Bisglycinate)
Vitamin K <sub>1</sub> (as Phytonadione)	20 mcg	25%	Chromium (as Chromium Nicotinate Glycinat
Thiamin (as Thiamine Mononitrate)	1.7 mg	113%	Molybdenum (as Molybdenum Glycinate)
Riboflavin (as Riboflavin)	2 mg	118%	Selenium (as L-Selenomethionine)
Niacin (as Niacin, Niacinamide)	20 mg	100%	Inositol
Vitamin B <sub>6</sub> (as Pyridoxine Hydrochloride)	2.5 mg	125%	
Folate (as Folic Acid)	400 mcg	100%	Carotenoid Blend  Lutein (from Marigold Flower Extract)
Vitamin B <sub>12</sub> (as Cyanocobalamin)	8 mcg	125%	
Biotin (as Biotin)	150 mcg	50%	Lycopene (from Tomato Extract)
Pantothenic Acid (as p-Calcium Pantothenate)	10 mg	100%	Boron (as Boron Citrate)
Calcium (as Calcium Carbonate,	325 mg	33%	Vanadium (as Vanadyl Sulfate)
Calcium Citrate, Calcium Bisglycinate)			* Daily Value for pregnant or lactating womer
Iron (as Iron Bisglycinate)	15 mg	83%	** Daily Values not established.
lodine (as Potassium Iodide)	75 mcg	50%	

pper Bisglycinate Manganese Bisglycinate) Chromium Nicotinate Glycinate)90 mcg 75% as Molybdenum Glycinate) 37.5 mcg 50%

OTHER INGREDIENTS: Gelatin, Microcrystalline Cellulose, Stearic Acid, Croscarmellose Sodium, Silicon Dioxide, Magnesium Stearate, Titanium Dioxide.

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**60 PACKETS** 



% Daily Value

10 mg 67%

1.5 mg 75%

35 mcg 50%

175 mg 44%

not established.