

Serving Size: 1 Stick Pack (2g)		
Servings Per Container: 30		
Amount Per Serving		
Calories 30	Calories from Fat 0	
	AMOUNT PER SERVING	% DAILY VALUE*
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	0%
Cholesterol	0mg	0%
Sodium	230mg	10%
Potassium	450mg	10%
Total Carbohydrate	6g	2%
Dietary Fiber	0g	0%
Protein	0g	0%
Respiratory Blend for Strength & Recovery	3000 mg	1
L-Arginine alpha-ketoglutarate		1
L-Arginine-HCl		1
Respiratory Blend for Strength & Power	2000 mg	1
Goodrich phosphate		1
Potassium aspartate		1
Sodium phosphate		1
Crystalline anhydrous		1
Crystalline ester HCl		1
Respiratory Blend for Stamina and Endurance	180 mg	1
Potassium bicarbonate		1
Sodium bicarbonate		1
Camphor, beta-azirine		1
Respiratory Blend for Endurance Energy Metabolism	972 mg	1
Magnesium oxide		1
Median (chain hydrocarbons) (total)		1
Potassium alpha-ketoglutarate		1
Potassium glycophosphate		1
Magnesium glycophosphate		1
Vitamin B complex		1
Pyridine hydrochloride (56)	500%	
Calcium (anhydrous) (181)	910%	
Riboflavin (B2)	120%	
Folic acid	990%	
Male acid		
Respiratory Blend of Insulin	202 mg	1
moderate for Focus & Intensity		
Caffeine		
Green tea extract		
ketone anhydrous		
Respiratory Blend of Insulin Blend	500 mg	1
Insulin		
Cell-Signaling Amplifier		
AMPHOS® (Wako Pure Chemical Industries)		
Calcium 50% + Phosphorus 50% + Magnesium 45%		

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Values not established.

Contains milk.
This product does not contain yeast, soy, or wheat (gluten).

KEEP OUT OF THE REACH OF CHILDREN. STORE AT 59-86°F (15-30°C).
PROTECT FROM LIGHT AND MOISTURE.

WARNING: Consult a physician before using this product if you are unaware of your current health conditions, have any pre-existing medical condition, or are taking medication, especially for high blood pressure, heart disease, diabetes, liver or thyroid disease, anxiety, depression, seizure disorder, psychiatric disease, diabetes, pernicious anemia or difficulty urinating due to prostate enlargement. Consult a physician if you are taking a MAO inhibitor or any other medication. Do not use if you are pregnant, nursing, prone to dehydration or may be exposed to excessive heat. Reduce or discontinue use if sleeplessness, tremor, dizziness, nervousness, headaches, or heart palpitations occur. This product is intended only for consumption by healthy adults 18 years of age and older. Drink a minimum of 64 ounces of water per day while using this product.

www.mri-performance.com
© 2008, Medical Research Institute
Rev. 0-40308

ACTIMOS/® is a trademark of Glaxo plc.

BENEFITS:		EFFECT ON TRAINING								
REGULAR POWDER >		STRENGTH	INTENSITY	RECOVERY	ENERGY	SIZE	PUMPS	STAMINA	FOCUS	POWER
BLACK POWDER >										

Pre-Training Formula, Powered by an Instant "Spike" of 950% More Nitric Oxide

ing Formula, powered by an Instant "Spike" of 950% More Nitric Oxide

[illegible]

"INSTANT RELEASE" NOS UP-REGULATING PRE-TRAINING FORMULA

**950% MORE NITRIC OXIDE
INSTANT RELEASE TECHNOLOGY!**

BLUE RASPBERRY

20 Single Serving Stick Packs

SPIKED WITH:

ACTINOS²IR.
INSTANT RELEASE
DOWN-REGULATING TECHNOLOGY

950% MORE NITRIC OXIDE
INSTANT RELEASE TECHNOLOGY!

U.S. PATENT PENDING
DIETARY SUPPLEMENT

950% More Nitric Oxide - "Instant Release!"

Black Powder[®] is the first and only pre-training formula to employ the powerful NOS Up-regulating, whey "peptide fraction" ACTINOS[®], delivered with MRI's "Instant Release" (IR) technology. Now for the first time, you get the over-whelming advantage of an instant surge of 950% more nitric oxide (N.O.'s upper limit), combined with the most scientifically potent pre-workout compounds - delivered in ratios measured to precise gram-molecular specification.¹¹

Driving Performance and Size to New Levels

Scientifically, nitric oxide forms the basis for both performance and size. Nitric oxide dilates the blood channels that deliver vital training and recovery nutrients to your muscle cells. In addition, nitric oxide is the molecule that "signals" and regulates muscle growth, muscle contraction, and metabolic adaptation to training. Until now, nitric oxide had a "pre-set" limit. Not any longer. Thanks to MRI's innovative ACTINOS[®] IR (Instant Release) technology, Black Powder creates an immediate surge in nitric oxide levels, 950% higher than previously attainable. In an instant, Black Powder's performance/size nutrient complex, measured with gram-molecular precision, floods your muscle cells in volumes never believed possible. Your body's performance and growth signals amplify in both frequency, and duration. Suddenly, size and training target sites light up! Your strength, intensity, and focus hit levels they've never known. Your recovery, now at an entirely new level, starts before you even leave the gym. Growth "signals" bombard your muscle cells with greater intensity, starting at your first set! That's why with Black Powder, you'll get the most outrageously intense workout of your life, and you'll have the super-dilated skin-ripping pumps to prove it! ¹⁹

PREPARATION: Empty contents of 1 packet into bottle (or glass) filled with 8-16 oz. of cold water. Replace lid; shake or stir until Black Powder is dissolved. One packet makes 1 serving.

NOTE: Adjust the amount of water to your desired consistency and flavor.

DIRECTIONS: Use on training days only. For best results, take on an empty stomach 0-30 minutes before workout.

STACKING: Stack Black Powder™ with NO2 Black™ or NO2® Platinum.