



MAX Potency Formula
with superior nutrient diversity

Premium Soy Protein

isolate with 18 amino acids; 25 g of soy protein a day, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. This product provides 14g of soy protein per serving.

MAX B-Vitamins

to help convert food into energy*

Whole Body Nutrition

to help support healthy:



Bones*



Eyes*



Digestion*



Heart*



Metabolism*



Immunity*

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



UPC 63614 75118

SOY
Protein
Isolate

Nature's
Way

Vegetarian Formula

Alive!

ultra-Shake®

Vanilla
DELICIOUS FLAVOR

PROTEIN • FIBER • VITAMINS

ENERGIZER™ with Food-Based Blends

Orchard Fruits™/Garden Veggies™ powder/extract/dried juice (200 mg)

Daily Greens™ • Enzymes • Bioflavonoids • Mushrooms • EFAs

NET WEIGHT 33.9 OZ (2.1 lbs / 962 g) • DIETARY SUPPLEMENT

Recommendation: As a dietary supplement, add 1 heaping scoop to 8 fluid ounces of cold water, milk or juice (scoop included). Shake or stir until smooth. Mixes instantly, no blender required. Intended to be taken once daily. If pregnant, nursing, have high blood pressure, or taking any medications consult a healthcare professional before use. Contains the amino acid phenylalanine. **Keep tightly sealed and out of reach of children.** Store in a cool, dry place.

Supplement Facts

Serving Size 1 Scoop (37 g) / Servings per Container 26

Amount Per Serving	% DV
Calories	110
Calories from Fat	5
Total Fat	0.5 g 1%†
Total Carbohydrate	14 g 5%†
Dietary Fiber	3 g 12%†
Sugars	8 g **
Protein	14 g 28%†
Vitamin A (67% [10,000 IU] as beta carotene, 33% [5,000 IU] as retinyl acetate)	15,000 IU 300%
Vitamin C (ascorbic acid)	1 g 1667%
Vitamin D (as ergocalciferol)	1,000 IU 250%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU 667%
Vitamin K (as phytonadione)	80 mcg 100%
Thiamin (as thiamin mononitrate)	25 mg 1667%
Riboflavin (Vitamin B2)	25 mg 1471%
Niacin (as niacinamide)	125 mg 625%
Vitamin B6 (as pyridoxine HCl/pyridoxal 5-phosphate)	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	200 mcg 3333%
Biotin	325 mcg 108%
Pantothenic Acid (as d-calcium pantothenate)	125 mg 1250%
Calcium (as carbonate/citrate)	250 mg 25%
Iron (from soy protein)	3 mg 17%
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as oxide/citrate)	125 mg 31%
Zinc (as amino acid chelate)	15 mg 100%
Selenium (as L-selenomethionine)	200 mcg 286%
Copper (as amino acid chelate)	2 mg 100%
Manganese (as amino acid chelate)	5 mg 250%
Molybdenum (as sodium molybdate)	75 mcg 100%
Sodium	190 mg 8%
Potassium (as amino acid complex)	50 mg 1%
Solae™ Soy Protein Isolate providing Amino Acids Glutamic Acid, Aspartic Acid, Leucine, Arginine, Lysine, Phenylalanine, Serine, Proline, Valine,	14 g **

Amount Per Serving	% DV
Isoleucine, Alanine, Glycine, Tyrosine, Threonine, Histidine, Tryptophan, Cysteine, Methionine	
Multi-Fiber Blend Oat Fiber, Chicory Root Extract, Xanthan Gum	3.5 g **
Daily Greens™ Blend providing Amino Acids Spirulina, Alfalfa (leaf, stem), Kelp, Barley Grass, Dandelion (leaf), Lemon Balm (leaf), Wheat Grass, Lemon Grass, Nettle (leaf), Blessed Thistle (stem, leaf, flower), Chlorella, Plantain (leaf), Blue Green Algae (Aphanizomenon flos-aquae), Cilantro (leaf)	550 mg **
Citrus Bioflavonoid Complex (from lemon, tangerine, bitter orange, grapefruit) providing: Hesperidin, Eriocitrin, Naringin, Narirutin, Flavones and Flavonols	100 mg **
Digestive Enzyme Blend Concentrated Enzyme formula (Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain	100 mg **
Garden Veggies™ Powder Blend Parsley, Kale, Spinach, Wheat Grass, Brussels Sprout, Asparagus, Broccoli, Cauliflower, Beet, Carrot, Cabbage, Garlic	100 mg **
Orchard Fruits™ Blend Pomegranate (seed), Açai (whole palm fruit) Extract, Powders: Grape Juice, Plum, Cranberry, Blueberry, Strawberry, Blackberry, Bilberry, Cherry, Apricot, Papaya, Orange, Pineapple	100 mg **
Omega 3/6/9 Fatty Acid Seed Blend Flax Seed Powder, Sunflower Seed Powder	100 mg **
Organic Mushroom Mycelium Defense Blend Reishi (<i>Ganoderma lucidum</i>), Shiitake (<i>Lentinula edodes</i>), Oyster Hiratake (<i>Pleurotus ostreatus</i>), Maitake (<i>Grifola frondosa</i>), Yamabushitake (<i>Hericium erinaceus</i>), Agarikon (<i>Fomitopsis officinalis</i>), Chaga (<i>Inonotus obliquus</i>), Himematsutake (<i>Agaricus brasiliensis/blazei</i>), Kavaratake (<i>Trametes versicolor</i>), Mesima (<i>Phellinus linteus</i>), Zhu Ling (<i>Grifola umbellata</i>), Enokitake (<i>Flammulina velutipes</i>)	100 mg **
Inositol	50 mg **
Siberian Eleuthero (<i>Eleutherococcus senticosus</i>) (root)	50 mg **
Choline (as choline bitartrate)	30 mg **
Rutin (<i>Sophora japonica</i>) flower bud extract	25 mg **
Lutein (from Aztec marigold)	200 mcg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: crystalline fructose, natural vanilla flavor with other natural flavors, caramel flavor, luo han guo extract

Contains soy and wheat. No artificial colors or preservatives. Sold by weight, not volume.

©2016 Distributed by Nature's Way Brands, LLC, Green Bay, WI 54311 USA • **Questions?** 1-800-9NATURE / naturesway.com
Solae™ is a trademark of Solae, LLC