

TOP SEAL



872g Powder Bag

Template #: 32072

20.750 (AC) X 9.500 (AR)

1 (AC) X 2 (AR)

25G GRASS-FED* PROTEIN PER SERVING



SWEETENED WITH STEVIA

NEW ZEALAND SOURCED

RBGH FREE*

WHEY ISOLATE

30 SERVINGS

LACTOSE FRIENDLY*



Dietary Supplement
NET WT 31 OZ (872g)



NATURAL BANANA ALMOND FLAVOR

*Our whey is sourced exclusively from New Zealand dairy cows, which are predominately grass-fed on productive pastures where only the occasional use of feed supplements is necessary. The FDA has stated there is no significant difference between milk (dairy products) from cows treated with rBGH and untreated cows. Our whey typically contains 0.1 gram of lactose per serving, though natural variation may occur.

Bleed Front Panel Color/Image into Gusset

BOTTOM GUSSET

BOTTOM GUSSET

Bleed Front Panel Color/Image into Gusset

#GETONNIT

TOTAL HUMAN OPTIMIZATION™

Consult a medical doctor before taking this or any other nutritional supplement if you are pregnant, nursing, have or suspect a medical condition or are taking any medications. **NOTICE:** Use this product as a food supplement only. Do not use for weight reduction.

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Mike Dolce is the international best-selling author of *Living Lean*, *Living Lean Cookbook*, and *3 Weeks to Shredded*. He is also the two-time MMA Trainer Of The Year®, and has worked with athletes in the UFC®, NFL®, NHL®, NCAA®, MLB®, CrossFit Games®, and the Olympics®. He is the host of a top iTunes® podcast, a motivational speaker for the United States Armed Forces, and creator of UFC Fit®. Dolce is one of the most recognizable figures in the world of mixed martial arts, and is considered an expert in nutrition and helping people across the world live life to their fullest.



Banana Almond Power Smoothie
1 scoop The Dolce Whey 1 tbsp. chia seeds
16 oz. cold water
1/4 cup oat bran
1 medium banana
1 medium banana
1 tbsp. almond butter
1 tbsp. hemp seeds
- Drink and enjoy!
- Blend for 15 seconds
- Add ingredients into blender

Protein Ice Cream
1 scoop The Dolce Whey
8 oz. non-fat Greek yogurt
4 oz. frozen blueberries
1 tbsp. chia seeds
- Add frozen berries to blender
- Add yogurt on top of berries
- Add scoop of The Dolce Whey
- Blend on high until ingredients mix completely but remain hard, like ice cream
- Sprinkle chia seeds on top & serve!

DOLCE APPROVED RECIPES

As if all this was not enough, our formula is delicious and easy to mix in a wide variety of recipes. Go to www.onnit.com/why to download our free muscle-supporting, easy-to-make recipes.**

FASTER RESULTS - Support muscle recovery with the fastest acting protein on the planet.**

BETTER VALUE - We feel that whey protein isolate contains more usable protein, while the protein in whey concentrate is significantly diluted by lactose and other milk solids.

WHY CHOOSE THE DOLCE WHEY ISOLATE OVER CONVENTIONAL WHEY CONCENTRATE?

Our process produces an easily digestible and highly absorbable product. Using non-GMO ingredients, our whey is derived from the milk of New Zealand dairy cows which are able to graze pastures year round – largely avoiding the need for feed supplements. Plus, we've left gluten, lactose and sugar at the door, which makes for easier digestion.

The Dolce Whey isolate is manufactured by using state-of-the-art cold processing and cross-flow microfiltration technology, allowing for many essential nutrients and immune factors to remain intact, along with all those muscle-building amino acids.** Many other proteins use a less efficient, high heat process, destroying much of what protein should contain.

Additional Earth grown ingredients optimize flavor without the added sugar of many proteins on the market. isolate. Our whey isolate offers a complete amino acid profile with a high protein yield for maximum recovery.**

At the heart of The Dolce Whey protein is one of the most powerful protein sources on the planet – grass fed* whey

Suggested Use: As a dietary supplement, mix one scoop of The Dolce Whey with at least eight ounces of water or your choice of juice.



entlppm

Manufactured exclusively for:
Onnit Labs, LLC
Austin, Texas 78744
(855) 666-4899

CONTAINS MILK, TREE NUTS (ALMONDS)
LOT #1715400 • MFG 08-2015
(All) Extract, Natural Flavors, Maltodextrin, Silicon Dioxide
Other Ingredients: Organic Almond, Organic Stevia

Supplement Facts	
Servings Per Container 10	
Serving Size 1 Scoop (29g)	
Amount Per Serving	
	% DV
Calories 110	
Calories From Fat 10	
Total Fat 1g	2%
Total Carbohydrates 1g	<1%
Dietary Fiber 1g	4%
Protein 25g	50%
Calcium 48 mg	5%
Sodium 144 mg	6%
Whey Protein Isolate 28g	
*Percent Daily Values (DV) are based on a 2,000 calorie diet	
**Daily Value not established	

Pocket Zip - Zipper Area

TOP SEAL