

Supports Energy Health*



sublingual vitamin B12 methylcobalamin tablets, 5000 mcg

- High potency
- A natural active form of B12 for greater absorption*
- Promotes greater energy and alleviates occasional fatigue*



delicious natural
cherry flavor

actual size

300
Quick
Dissolve
Tablets
dietary
supplement

Health
Benefits



Energy*



Energy
Metabolism*



Heart*



Brain*



Wellness*

Suggested Use: Adults – As a dietary supplement, dissolve one tablet daily under tongue for 30 seconds, then swallow.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin B ₁₂ 5000 mcg	83333%

Ingredients: Mannitol, Microcrystalline Cellulose, Crospovidone, Stearic Acid, Methylcobalamin, Silicon Dioxide, Natural Cherry Flavor, Red Beet Root, Sucralose, Magnesium Stearate. May contain citric acid, gum arabic, maltodextrin, triacetin.

WARNING: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

KEEP OUT OF THE REACH OF CHILDREN.

Store at 15°- 30°C (59°- 86°F).

SAFETY-SEALED. DO NOT USE IF PRINTED SEAL UNDER CAP IS CUT, TORN, OR MISSING.

For comments or suggestions, call us toll-free at
1-888-698-5034 from 8:30 a.m. to 5:00 p.m. EST Monday - Friday

Nutrition Information: Member's Mark® Sublingual Vitamin B₁₂ is formulated with methylcobalamin, a naturally active form of B₁₂ in the body, so it's naturally better for you. Methylcobalamin is more readily absorbed and retained by the body to provide greater daily energy and alleviate occasional fatigue, promote a healthy metabolism and overall cardiovascular support. B₁₂ is also known to support cognitive health and brain function, a healthy nervous system and provide for a strong immune system.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

**NO ARTIFICIAL
COLORS OR
FLAVORS • NO SUGAR
NO GLUTEN
NO LACTOSE • NO
TRANS FAT**

DISTRIBUTED BY:
SAM'S WEST, INC.
BENTONVILLE, AR 72716



BEST IF USED BY:

137111
518377
SAM647083