

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / feelalive.com

GLUTEN FREE. No sugar, salt, yeast, wheat, soy, synthetic flavors or preservatives.

Safety sealed for your protection. Do not use if safety seal under child resistant cap is broken or missing. Store at room temperature. Keep bottle tightly closed.

◆ LN11093.01 BLK9007



life'sDHA® is a trademark of DSM.

Nature's Way
Alive!

**PRENATAL
MULTI-VITAMIN**
with Plant DHA



COMPLETE • ONCE DAILY
30 SOFTGELS • DIETARY SUPPLEMENT

Recommendation: For women that are pregnant, nursing, or trying to conceive, take 1 softgel daily. If taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% DV
Calories	5
Calories from Fat	5
Total Fat	<1 g <1%
Vitamin A (50% as retinyl palmitate, 50% as beta carotene)	4,000 IU 50%
Vitamin C (ascorbic acid)	60 mg 100%
Vitamin D (as cholecalciferol)	400 IU 100%
Vitamin E (as dl-alpha tocopheryl acetate)	30 IU 100%
Thiamin (Vitamin B1 as thiamin mononitrate)	1.7 mg 100%
Riboflavin (Vitamin B2)	2 mg 100%
Niacin (Vitamin B3 as niacinamide)	20 mg 100%
Vitamin B6 (as pyridoxine HCl)	2.5 mg 100%
Folic Acid	800 mcg 100%

Amount Per Serving	% DV
Vitamin B12 (as cyanocobalamin)	8 mcg 100%
Biotin	300 mcg 100%
Pantothenic Acid (as D-calcium pantothenate)	10 mg 100%
Calcium (as calcium carbonate)	200 mg 15%
Iron (as ferrous fumarate)	28 mg 156%
Iodine (as potassium iodide)	150 mcg 100%
Zinc (as zinc oxide)	15 mg 100%
Copper (as copper sulfate)	2 mg 100%
DHA (docosahexaenoic acid from Algal (Schizochytrium sp.) oil)	200 mg **
Orchard Fruits™ / Garden Veggies™ Powder Blend	50 mg **
Spinach, Pea, Cabbage, Cauliflower, Apple, Asparagus, Broccoli, Brussels Sprout, Cucumber, Tomato, Cherry, Prune, Cranberry, Banana, Blueberry, Carrot, Pineapple, Strawberry, Acai, Beet, Grape, Raspberry	

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: gelatin, glycerin, sunflower oil, purified water, yellow beeswax, natural flavor, caramel color, sunflower lecithin

Advanced Prenatal for Mom & Developing Baby*

- **100%+ daily value** of 15 vitamins and minerals
- **800 mcg folic acid** supports healthy brain/spinal cord development*†
- **200 mg plant source DHA**, an omega-3 essential fatty acid that supports healthy eye and brain development*

Take during pregnancy, nursing and while trying to conceive

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†Healthy diets with adequate folate may reduce a woman's risk of having a child with a brain or spinal cord defect.



Smarter Prenatal with Plant Source DHA

- **DHA not from fish oil** and does not contain harmful mercury levels
- **Strawberry flavored** softgels for pleasant usage experience
- **Orchard Fruits™ / Garden Veggies™** dried blend (50 mg)

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MULTI-VITAMIN**
with Plant DHA



Complete Once Daily

- **200 mg DHA** (plant source)
- High Potency Folic Acid and Iron
- Strawberry Flavored

30 SOFTGELS
DIETARY SUPPLEMENT

100%+ DV
15 Vitamins and Minerals

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