

**COMPLETE  
FORMULA**



# Alive!

**Men's  
MULTI-VITAMIN**

**Orchard Fruits™ / Garden Veggies™**  
dried blend (100 mg)

**200  
Tablets**

MULTI-VITAMIN / MULTI-MINERAL SUPPLEMENT

**Superior Potency**  
100%+ daily value of  
**19 vitamins & minerals**

**Energy Support**  
with B-vitamins to help  
convert food into energy\*

**Promotes Healthy**



Heart\*



Immunity\*



Eyes\*



Metabolism\*



Muscles\*



Cells\*

\*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving                |          | % DV |
|-----------------------------------|----------|------|
| Vitamin A                         | 5,000 IU | 100% |
| (1,500 IU [30%] as beta carotene) |          |      |
| Vitamin C                         | 90 mg    | 150% |
| Vitamin D                         | 800 IU   | 200% |
| Vitamin E                         | 45 IU    | 150% |
| Vitamin K                         | 80 mcg   | 100% |
| Thiamin (B1)                      | 3 mg     | 200% |
| Riboflavin (B2)                   | 3.4 mg   | 200% |
| Niacin (B3)                       | 30 mg    | 150% |
| Vitamin B6                        | 4 mg     | 200% |
| Folic Acid (B9)                   | 400 mcg  | 100% |
| Vitamin B12                       | 18 mcg   | 300% |
| Biotin (B7)                       | 300 mcg  | 100% |
| Pantothenic Acid (B5)             | 15 mg    | 150% |
| Calcium                           | 200 mg   | 20%  |
| Iodine                            | 150 mcg  | 100% |
| Magnesium                         | 100 mg   | 25%  |

| Amount Per Serving                                                                                                                                                                                                                                                                             |           | % DV |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|------|
| Zinc                                                                                                                                                                                                                                                                                           | 22.5 mg   | 150% |
| Selenium                                                                                                                                                                                                                                                                                       | 122.5 mcg | 175% |
| Copper                                                                                                                                                                                                                                                                                         | 2 mg      | 100% |
| Manganese                                                                                                                                                                                                                                                                                      | 2 mg      | 100% |
| Molybdenum                                                                                                                                                                                                                                                                                     | 75 mcg    | 100% |
| Orchard Fruits™ & Garden Veggies™ Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Açai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach | 100 mg    | **   |
| Lycopene                                                                                                                                                                                                                                                                                       | 600 mcg   | **   |
| Boron                                                                                                                                                                                                                                                                                          | 150 mcg   | **   |
| Lutein                                                                                                                                                                                                                                                                                         | 100 mcg   | **   |

\*\*Daily Value (DV) not established.

**INGREDIENTS:** Calcium Carbonate, Magnesium Oxide, Cellulose, Orchard Fruits™ and Garden Veggies™ Powder Blend (Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Açai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach), Ascorbic Acid (Vitamin C), di-alpha-Tocopheryl Acetate (Vitamin E), Sodium Croscarmellose, Niacinamide (Vitamin B3), Hydroxypropyl Cellulose, Zinc Oxide, Stearic Acid, d-Calcium Pantothenate (Vitamin B5), Magnesium Stearate, Hypromellose, Polydextrose, Sodium Selenate, Vitamin A Acetate, Phytonadione (Vitamin K), Silica, Sodium Molybdate, Riboflavin (Vitamin B2), Biotin (Vitamin B7), Titanium Dioxide Color, Manganese Sulfate, Lycopene, Copper Sulfate, Pyridoxine HCl (Vitamin B6), Beta Carotene (Vitamin A), Folic Acid (Vitamin B9), Thiamin Mononitrate, Sodium Borate, Talc, Cholecalciferol (Vitamin D), Cyanocobalamin (Vitamin B12), Medium Chain Triglycerides, Potassium Iodide, Lutein (Aztec Marigold Extract [flower])

**RECOMMENDATION:** Take 1 tablet daily, preferably with food. If taking any medications, consult a healthcare professional before use. Not formulated for use in women or children. Do not exceed recommended use. **Keep out of reach of children.**

**Satisfaction Guaranteed.** Safety sealed for your protection with printed inner freshness seal under child resistant bottle cap. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

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**Questions?** 1-800-9NATURE  
or feelalive.com

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