



INNOVATION
& DEDICATION
SINCE 1888

NO COPY/COLOR ONLY

PRE-WORKOUT

USE & MIXING INSTRUCTIONS

- Mix each scoop with 4-8 oz of water and consume 30 minutes prior to exercise. Do not exceed two scoops per day.
- Contents sold by weight, not volume. Some settling may occur.
- This product is not intended for children and those sensitive to caffeine. Pregnant or nursing women, those with a medical condition, and those taking medication should consult a healthcare professional before use.

MYOPLEX HERITAGE

In 1995, after years of research into the science of nutrition and muscle retention, EAS developed Myoplex®. It proved so effective, it quickly became known as the go-to supplement for building new muscle and recovering from workouts. Today, Myoplex is still one of the most trusted, high-performance supplements available. And building on this history of safe and proven innovation, the 2015 Myoplex line of nutrition products can help you reach your ultimate fitness goal. Again and again.



EAS
MYO
PRE-WORKOUT

IMPROVE
PERFORMANCE[†]

5g
NET WEIGHT

200mg | 150mg | 1.6g
PEAK ATP[™] | CAFFEINE | BETA-ALANINE

LEMONBERRY

NATURAL & ARTIFICIAL
FLAVOR

DIETARY SUPPLEMENT

NET WT 12 OZ (340 g)

NO FRUIT JUICE

SUPPLEMENT FACTS

SERVING SIZE 1 SCOOP (8.5 g)
SERVINGS PER CONTAINER ABOUT 40

AMOUNT PER SERVING	ONE SERVING	%DV	TWO SERVINGS	%DV
CALORIES	25		50	
POTASSIUM	60 mg	2%	120 mg	3%
TOTAL CARBOHYDRATE	5 g	2%	9 g	3%
SUGARS	2 g		4 g	
CARNOSYN® BETA-ALANINE	1.6 g		3.2 g	
PEAK ATP®	200 mg		400 mg	
CAFFEINE ANHYDROUS	150 mg		300 mg	
CREATINE MONOHYDRATE	1 g		2 g	

* PERCENT DAILY VALUES (DV) ARE BASED
ON A 2,000 CALORIE DIET.
† DAILY VALUE (DV) NOT ESTABLISHED.

OTHER INGREDIENTS: BEET ROOT
EXTRACT, NATURAL AND ARTIFICIAL
FLAVOR, ACESULFAME POTASSIUM,
SUCRALOSE, CITRIC ACID, CALCIUM
SILICATE.

Manufactured for:
Abbott Nutrition Abbott Laboratories, 3300 Stelzer Road, Columbus, Ohio 43219-3034 USA
Visit EAS.com to learn how EAS® can help you achieve your athletic or fitness goals.
To report an adverse event or to obtain product information, contact: 1-800-297-9776.
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‡ THIS STATEMENT HAS NOT BEEN EVALUATED BY THE
FOOD AND DRUG ADMINISTRATION. THIS PRODUCT
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR
PREVENT ANY DISEASE.

PEAK

CarnoSyn
Carnosine Synthesizer

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